Nutritional Sciences

Didactic Program in Dietetics (DPD) Handbook
2016 – 2017

Texas A&M University
College of Agriculture and Life Sciences
Department of Nutrition and Food Science
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College Station, TX 77843-2253
979-845-2142
http://nfs.tamu.edu
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USE OF THIS HANDBOOK

This handbook is designed to serve as a guide for students in the Didactic Program in Dietetics (DPD) Program at Texas A&M University. Objectives of this handbook are as follows:

- Identify the Texas A&M University DPD philosophy, mission, goals, objectives, policies and procedures;
- Understand the purpose of accreditation and the Accreditation Council for Education in Nutrition and Dietetics (ACEND);
- Identify and explain the specific educational path one must follow to become a Nutrition and Dietetics Technician, Registered (NDTR) and Registered Dietitian (RD) / Registered Dietitian Nutritionist (RDN);
- Identify and provide resources to assist DPD students in their educational path to becoming a NDTR and RD/RDN;
- Identify career opportunities for NDTRs and RD/RDNs.

Resources referenced in compilation of this handbook include the Applicant Guide to Supervised Practice Experience, ACEND website, D&D Digital website, GRE® website and The University of Wisconsin-Madison website and handout. Students should read through the DPD Handbook thoroughly and use it as a resource throughout your academic career and specifically in preparation for a dietetic internship (DI) program.

DPD PHILOSOPHY AND MISSION

The Texas A&M University DPD Program is designed to provide the knowledge and skills at the undergraduate level that are needed to advance into an ACEND-accredited dietetic internship (DI) or supervised practice (SP) program followed by competent dietetics practice. The curriculum is comprised of courses in nutrition, foods, biochemistry, physiology, management, social and behavioral sciences, and other supporting courses. Emphasis is placed on the development and demonstration of technical and critical thinking skills, oral and written communication ability and professionalism with the intent of more thoroughly preparing our undergraduates for DI, SP, and graduate programs and the dietetic profession. Opportunities for the application of theoretical knowledge are provided through laboratory experiences, practicum exercises, and experiences with professionals in dietetics, nutrition, and food service operations on campus and in the Bryan/College Station community, and/or simulation in the classroom.

The mission of the Texas A&M University DPD Program is to prepare future leaders in the dietetic profession by providing a high-quality undergraduate level education and high impact and experiential learning activities that generate strong technical knowledge, critical thinking, communication skills, and professionalism.

The mission of the DPD Program is in accord with the Texas A&M University goal of achieving educational excellence while contributing to scholastic advancement, discovery research and community engagement that leads to economic development in Texas.

DPD PROGRAM GOALS AND MEASURABLE OUTCOMES

The DPD program has established program goals with specific measurable achievement targets that are used to assess the achievement of each of the program’s goals. Data is collected on an ongoing basis to assess the achievement of the program goals and targets. Goals and measurable program outcomes are identified below.

Program Goal 1

To prepare Didactic Program in Dietetics (DPD) graduates with the technical knowledge and skills for successful admission into ACEND-accredited dietetic internships (DI) and supervised practice (SP) programs, graduate school, and/or employment in nutrition, dietetics, and related areas.
Program Objectives for Goal 1

- 90% of DPD graduates will agree that the Nutritional Science curriculum provided technical knowledge, communication skills, and life science courses that enhanced their critical thinking skills in preparation for ACEND-accredited DI and SP programs, graduate school, and/or employment in nutrition, dietetics and related areas as indicated by the annual graduate survey outcomes.
- 90% of employers and DI Directors will agree that Texas A&M University DPD graduates demonstrated technical foundation knowledge, critical thinking, and communication skills as indicated by the supervisor and DI Director survey outcomes.
- 80% of students who enter the Texas A&M University DPD program will graduate with a Bachelor of Science degree or complete the DPD course requirements within three and a half years, which is within the ACEND 150% time frame requirement.
- 60% of DPD graduates will apply to ACEND-accredited DI and SP programs within 12 months of graduation and/or completion of DPD requirements.
- 80% of DPD graduates who apply for ACEND-accredited DI and SP programs within 12 months of graduation and/or completion of DPD requirements will match.
- 25% of DPD graduates will apply and enter graduate programs within 12 months of graduation and/or completion of DPD requirements.
- 25% of DPD graduates who do not apply to or enter a graduate, DI or SP program will be employed within nutrition, dietetics and related areas within six months of graduation.
- 85% of first-time test takers will pass the registration exam for dietitians as indicated by Commission on Dietetic Registration (CDR) registration exam passage records.

Program Goal 2
To prepare DPD graduates to exhibit leadership and professionalism in all components of ACEND-accredited DI and SP programs and/or employment within nutrition, dietetics and related areas.

Program Objectives for Goal 2

- 90% of DPD graduates will display professional ethics by honoring their acceptance to the specified DI and SP program that they matched during the match process as indicated by DPD program match records.
- 90% of DPD graduates will agree that the Nutritional Science curriculum provided the opportunity to strengthen their leadership and team member skills through group projects and assignments as indicated by annual graduate survey outcomes.
- 90% of employers and DI Directors will agree that DPD graduates displayed professionalism, leadership, and the ability to effectively work as a team member in collaborative efforts as indicated by employer and DI Director survey outcomes.

DPD program outcome data is available on request. Contact Karen Beathard, DPD Director, at kbeathard@tamu.edu to see outcome data.

The Texas A&M University DPD program is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). ACEND serves and protects students and the public by assuring the quality and continued improvement of nutrition and dietetics education programs. ACEND is recognized by the United States Department of Education and is a member of the Association of Specialized and Professional Accreditors.

ACEND ACCREDITATION COMPLAINT PROCEDURE

Any complaints related to ACEND accreditation of the Texas A&M DPD Program should be submitted in writing to Dr. Steve Talcott, Department of Nutrition and Food Science (NFSC) Associate Head for Academics, at stalcott@tamu.edu.
Accreditation complaints will be addressed by the Texas A&M University DPD Accreditation Advisory Committee for resolution within thirty days.

Students should only submit complaints directly to ACEND only after failed resolution by the Texas A&M University DPD Program. Complaints to ACEND can be made at ACEND@eatright.org or 1-800-877-1600 ex.5400. All complaints other than those related to accreditation should follow the Texas A&M University Student Grievance Procedures: http://student-rules.tamu.edu/studentgrievanceprocedures.

Additional questions pertaining to the accreditation of DPD programs may be referred to the following:

ACREDITATION COUNCIL FOR EDUCATION IN NUTRITION AND DIETETICS (ACEND) CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Headquarters</th>
<th>Washington, DC Office</th>
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</thead>
<tbody>
<tr>
<td>The Academy of Nutrition and Dietetics</td>
<td>The Academy of Nutrition and Dietetics</td>
</tr>
<tr>
<td>120 South Riverside Plaza, Suite 2000</td>
<td>1120 Connecticut Avenue NW, Suite 480</td>
</tr>
<tr>
<td>Chicago, IL 60606-6995</td>
<td>Washington, DC 20036</td>
</tr>
<tr>
<td>800-877-1600 ex.5400, <a href="http://www.eatright.org">http://www.eatright.org</a></td>
<td>202-775-8277</td>
</tr>
</tbody>
</table>

ACEND@eatright.org

DPD PROGRAM POLICIES AND PROCEDURES

Texas A&M University and DPD Student Policies and Procedures

- Admission Requirements: http://www.tamu.edu/future-students
- Student Privacy Policies: http://registrar.tamu.edu/Catalogs,-Policies-Procedures/FERPA/FERPA-for-Faculty-Staff
- Access to Personal Files: https://howdy.tamu.edu
- Student Complaint or Grievance Procedures: http://student-rules.tamu.edu/studentgrievanceprocedures
- Academic Calendar: http://www.tamu.edu/current-students/
- Financial Aid Resources: http://financialaid.tamu.edu
- Student Support Services (Counseling, Disability and Health Services, etc.): https://studentlife.tamu.edu/
- Student Withdrawal Procedures: http://student-rules.tamu.edu/rule17
- Student Conduct Code Including Disciplinary Procedures: http://student-rules.tamu.edu/rule24

Tuition and Fees

- Estimated Cost of Attendance for Undergraduate Students: https://financialaid.tamu.edu/Undergraduate/Cost-of-Attendance#0-CostofAttendanceDetail
- Estimated Cost of Attendance for Graduate Students: https://financialaid.tamu.edu/Graduate/Cost-of-Attendance#0-GraduateStudents
- Required additional expense includes annual student membership in the Academy of Nutrition and Dietetics (The Academy): Annual Dues: $58.00; must be updated annually on June 1st; Proof of Academy student membership is required. http://www.eatrightpro.org/resources/membership/membership-types-and-criteria/student-member
- Optional annual professional membership fees for the Texas A&M University Nutrition and Dietetic Association (NDA), Texas Student Dietetic Association, and Texas Academy of Nutrition and Dietetics Southeast Region: $40

DPD Program Participation Policies

- All DPD students must be current Nutritional Science majors that meet the DPD eligibility requirements.
• Prospective DPD students must attend the DPD orientation during the semester they are planning to move into the DPD program. DPD Orientation attendees will receive a copy of the DPD Handbook that includes the eligibility requirements and probation policy.
• NFSC Advisors will confirm prospective DPD students meet eligibility requirements and communicate results with them at the end of the semester they attend the DPD Orientation.
• Prospective DPD students who meet eligibility requirements will be required to provide proof of Academy of Nutrition and Dietetics membership and confirm their receipt of the DPD Handbook before being moved to the DPD track.
• DPD students who do not meet the following requirements will be placed on DPD probation:
  o Students who fall below 3.0 GPR and
  o Students who do not meet the grade criteria for DPD courses.
• NFSC Advisors will review DPD student academic performance at the end of each semester and will proceed with the following protocol for students who fall below academic requirements:
  o NFSC Advisors will provide Karen Beathard, DPD Director, of a list of students who failed to meet DPD requirements
  o NFSC Advisors will contact the identified DPD students via email to inform them that they will be blocked from all registration activities until they meet with an advisor to discuss DPD probation requirements and sign the DPD probation agreement
  o Students will be required to sign and meet the requirements of the DPD probation contract and
  o Students who fail to meet the terms of the DPD probation contract will be removed from the DPD program and moved to the General Nutrition Track.
• Students can be reconsidered for the DPD program if they meet the following criteria:
  o Have an overall minimum GPR of a 3.0 or
  o Have “C” or better in all non-nutrition DPD Courses and a “B” or better in all nutrition DPD courses as listed in the original DPD eligibility requirements.
• Students who are dismissed from the DPD program and/or do not meet the DPD eligibility GPR or grade requirements will not receive a verification statement from the Texas A&M University DPD program.

DPD Transfer Course and Experiential Learning Equivalency Policies
• The Texas Common Course Numbering System website is used to determine what course numbers will Transfer from Texas Community Colleges into the Texas A&M University DPD Program.
• The Texas A&M University Transfer Student Equivalency webpage should be used to determine transfer course equivalencies for four-year colleges and universities located in the United States.
• Coursework not found on the Transfer Student Equivalency webpage will be evaluated by the Texas A&M University Office of Admissions at the time of application.
• International students completing a degree from another country should reference the Academy of Nutrition and Dietetics information for international students located at http://www.eatrightpro.org/resources/career/become-an-rdn-or-dtr/international-students.
• Post-graduate/graduate students must provide all official transcripts and proof of a Baccalaureate degree granted by a U.S. Regionally accredited college/university or foreign equivalent to Karen Beathard, DPD Director, and meet with her for coursework evaluation prior to consideration for admission into the DPD program.
• Texas A&M University DPD Program does not accept experiential learning as substitution for DPD coursework.

Program Completion Requirements
• All DPD students are expected to graduate with a Bachelor of Science degree and/or complete the DPD program requirements within three and one-half years.
• All undergraduate DPD students must meet the requirements for a Baccalaureate Degree: http://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition-food-science/nutrition-bs-didactic-dietetics-track/#programrequirementstext
• All post-graduate/graduate students must take a minimum of 12 credits of DPD coursework at Texas A&M University.
• All DPD students must meet the eligibility requirements for a verification statement of completion of the DPD program.

ELIGIBILITY REQUIREMENTS FOR PARTICIPATION IN THE DIDACTIC PROGRAM IN DIETETICS (DPD) PROGRAM

To be eligible for participation in the Didactic Program in Dietetics (DPD) Program, students must complete all of the following:

1. Attend a DPD orientation meeting prior to participation in the DPD Program;
2. Have an overall minimum grade point ratio (GPR) of a 3.0 at Texas A&M University;
3. Undergraduate students must COMPLETE a minimum 12 credits at Texas A&M University before participation.
4. Post-graduate/Graduate students must COMPLETE a minimum of 9 credits at Texas A&M University before participation (*See additional information below).
5. Satisfactorily COMPLETE CHEM 101, CHEM 111, CHEM 102, and CHEM 112 with a “C” or better;
6. Students who have completed additional non-nutrition DPD courses must have a “C” or better in all non-nutrition DPD courses listed on the next page.
7. Satisfactorily COMPLETE identified nutrition (NUTR) courses with a “B” or better before participation;
8. NUTR 203 and NUTR 210 (Undergraduate students);
9. NUTR 203 (Post-graduate/Graduate students);
10. Additional NUTR DPD courses listed on the next page;
11. Obtain and maintain annual student membership in the Academy of Nutrition and Dietetics (the Academy) organization; and
12. Sign an annual DPD contract of agreement for participation.

* Note: Post-graduate/graduate students must provide all official transcripts and proof of a Baccalaureate degree granted by a U. S. Regionally accredited college/university or foreign equivalent to Karen Beathard, DPD Director and meet with her for coursework evaluation prior to consideration for admission into the DPD program. A minimum of 12 hours of DPD coursework including graduate equivalents must be completed at Texas A&M University to get a verification statement from this program.

To remain in the DPD program, DPD participants must meet the following criteria:

1. Maintain an overall minimum GPR of 3.0 at Texas A&M University;
2. Maintain annual student membership in the Academy organization; and
3. Have a “C” or better in all non-nutrition DPD Courses and a “B” or better in all NUTR DPD courses listed on the next page.

Failure to meet DPD requirements:

1. DPD students who (1) fall below 3.0 GPR and/or (2) do not meet the grade criteria for DPD courses will be placed on DPD probation and have one semester to (1) raise their overall GPR to 3.0 and/or (2) retake the course(s) and make an acceptable grade in the respective course(s). Students who cannot enroll in a course that must be retaken due to existing enrollment issues will be permitted to stay in the DPD program until they are eligible to retake the required course. Permission must be provided by DPD Director to continue in the DPD program due to course enrollment issues. See the DPD Probation Policy.
2. If the GPR and/or grade criteria are not achieved in accordance with identified requirements, the student will be removed from the DPD program and moved to the General Nutrition Track.

Students who are dismissed from the DPD program and/or do not meet the GPR or grade requirements will not receive a verification statement from the Texas A&M University DPD program. (Note: a verification statement from an accredited DPD program is mandatory to enter a DI program.)
Students should also understand that successful completion of the DPD program does not guarantee placement in an accredited DI program.

### Didactic Program in Dietetics (DPD) Program Course Requirements

<table>
<thead>
<tr>
<th>DPD Science Courses</th>
<th>DPD Professional Courses</th>
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<tr>
<td><strong>Must Make a “C” or Better</strong></td>
<td><strong>Must Make a “B” or Better in NUTR Courses Below</strong></td>
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<tr>
<td>CHEM 101 FUND OF CHEMISTRY I* Must be complete before participation in the DPD program</td>
<td>NUTR 203 SCIENTIFIC PRIN NUTRITION Must be complete before participation in the DPD program</td>
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<tr>
<td>CHEM 111 FUND OF CHEMISTRY I LAB* Must be complete before participation in the DPD program</td>
<td>NUTR 210 HORIZONS IN NUTRITION AND FOOD SCIENCE Must be complete before participation in the DPD program (Only a Requirement for Undergraduate Students)</td>
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<tr>
<td>CHEM 102 FUND OF CHEMISTRY II* Must be complete before participation in the DPD program</td>
<td>NUTR 211 SCIENTIFIC PRIN OF FOODS</td>
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<td>CHEM 112 FUND OF CHEMISTRY II LAB* Must be complete before participation in the DPD program</td>
<td>NUTR 301 NUTR THROUGH LIFE</td>
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<tr>
<td>BIOL 111 Introductory Biology I*</td>
<td>NUTR 304 FOOD SERVICE SYSTEM MGMT</td>
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<tr>
<td>BIOL 112 Introductory Biology II*</td>
<td>NUTR 404 NUTR ASSESSMENT &amp; PLAN</td>
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<tr>
<td>CHEM 227 ORGANIC CHEMISTRY I*</td>
<td>NUTR 405 NUTRITION TRTMNT DISEASE</td>
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<td>CHEM 237 ORGANIC CHEMISTRY LAB*</td>
<td>NUTR 430 COMMUNITY NUTRITION</td>
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<tr>
<td>CHEM 228 ORGANIC CHEMISTRY II*</td>
<td>NUTR 470 NUTR &amp; PHYSIOLOG CHEM**</td>
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<td>GENE 301 COMPREHENSIVE GENETICS**</td>
<td>NUTR 481 SEMINAR**</td>
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<td>BIOL 319 INTEGRATED HUM AN/PHY I**</td>
<td><strong>Must Make a “C” or Better in Courses Below</strong></td>
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<tr>
<td>BIOL 320 INTEGRATED HUM AN/PHY II**</td>
<td>ANTH 205 PEOPLES &amp; CULT OF WRLD or ANTH 210 SOCIAL AND CULTURAL ANTHROPOLOGY*</td>
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<tr>
<td>BICH 410 COMPREHEN BIOCHEM I**</td>
<td>PSYC 107 INTRODUCTION TO PSYCHOLOGY*</td>
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<td>BICH 411 COMPREHEN BIOCHEM II**</td>
<td>FSTC/DASC 326 FOOD BACTERIOLOGY**</td>
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<td>POLS 206 AMERICAN NATIONAL GOVERNMENT*</td>
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<td>STAT 302 STATISTICAL METHODS**</td>
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<td>MGMT 309 SURVEY OF MANAGEMENT**</td>
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*Courses may be taken at a community college and transferred in to Texas A&M University. See DPD Transfer Course and Experiential Learning Equivalency Policies

**Applicable graduate courses may be substituted with DPD Director approval.
DPD Program Nutrition Course Descriptions

The following list includes a description and the prerequisites of the DPD Program Nutrition courses. DPD students must make a “B” or better in these courses to remain in the DPD Program. Please see the Texas A&M University course catalog (http://catalog.tamu.edu/undergraduate/course-descriptions/nutr/) or the departmental handbook for a description and prerequisites of other DPD course requirements.

NUTR 203 Scientific Principles in Human Nutrition (Credit 3); offered fall and spring semesters
Chemistry and physiology of proteins, carbohydrates, lipids, vitamins and minerals; their ingestion, digestion, absorption, transport, and metabolism.  
Prerequisites: Completion of CHEM 101/111. Majors only.

NUTR 210 Horizons in Nutrition and Food Science (Credit 2); offered fall and spring semesters
Introduction to nutrition and food science career opportunities through presentations by nutrition and food science researchers and industry professionals; addresses issues of professionalism including portfolio development, teamwork, and critical thinking skills. Also listed as FSTC 210 Horizons in Nutrition and Food Science.

NUTR 211 Scientific Principles of Foods (Credit 4); offered fall and spring semesters
Basic principles underlying selection, preparation, and preservation of food in relation to quality standards, acceptability, and aesthetics; Introduces the composition, nutritive value, chemical and physical properties of foods and the experimental study of foods; includes lecture and lab that meets three hours weekly.  
Prerequisites: Completion of NUTR 202 or 203, CHEM 101/111, sophomore classification.

NUTR 301 Nutrition Through Life (Credit 3); offered fall and spring semesters
Analysis of nutrition with emphasis on human biological needs through stages of the life cycle. The biochemical, physiological, and anthropometric aspects of nutrition.  
Prerequisites: Completion of NUTR 203, junior classification or department head approval.

NUTR 304 Food Service Systems and Management (Credit 4); offered fall and spring semesters
Dietetics Students Only  
Principles of food service management used in selecting, storing, preparing and serving food in quantity; emphasis on menu planning, quality control, purchasing, equipment and layout/design; application of basic management principles in food service operations, including financial planning and personnel issues; includes lecture and lab that meets three hours weekly. Students will participate in off-campus lab activities; they will be given the Texas A&M DPD Off-Campus Labs or Observational Experiences Policy and required to confirm understanding of the guidelines.  
Prerequisites: Completion of NUTR 203 and NUTR 211, junior classification

NUTR 404 Nutrition Assessment and Planning (Credit 4); offered fall semester ONLY  
Dietetics Students Only  
Methods of determining the nutritional status of individuals; dietary assessment techniques; planning nutritional care including diet modifications and nutrition support; nutrition counseling; documentation on nutritional care; includes lecture and lab that meets three hours weekly. Students will participate in off-campus observational activities; they will be given the Texas A&M DPD Off-Campus Labs or Observational Experiences Policy and required to confirm understanding of the guidelines.  
Prerequisites: NUTR 203, NUTR 211, NUTR 301, junior classification or approval of department head.

NUTR 405 Nutritional Treatment of Disease (Credit 3); offered fall and spring semesters
Nutritional intervention in pathological conditions, based on biochemical, physiological and psychological effects of disease state; application of diet therapy principles and nutritional assessment.  
Prerequisites: NUTR 203, NUTR 301, BIOL 319, BICH 410 or concurrent registration therein, senior classification or instructor approval.
NUTR 430 Community Nutrition (Credit 3); offered fall, spring, & summer semesters; Meets Writing-Intensive Course Requirements
Health and nutrition programs, food labeling, cultural and religious food practices, consumer education.
Prerequisites: Completion of NUTR 203.

NUTR 470 Nutrition and Physiological Chemistry (Credit 3); offered fall and spring semesters
This course is designed to integrate nutrition, biochemistry, and physiology. Students will learn how carbohydrates, lipids, and proteins are used for energy.
Prerequisites: Completion of NUTR 203, NUTR 301 and BICH 410 (not concurrent registration), senior classification or approval of department head.

NUTR 481 Seminar (Credit 1); offered fall, spring, & summer semesters; Meets Communication Intensive Course Requirements
Review of current literature and research in nutrition; oral presentations and critical discussions.
Prerequisites: NUTR 203, NUTR 301, senior classification in nutritional sciences or allied area, or approval of department head.
NOTE: This course should be taken your last semester at TAMU.
### Didactic Program in Dietetics (DPD) Track by Semester

**Catalog No. 139 (2016-2017)**

<table>
<thead>
<tr>
<th>Freshman Year</th>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>BIOL 111</td>
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<td>BIOL 112</td>
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<td>CHEM 101/111</td>
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<td>CHEM 102/112</td>
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<td>ENGL 103 or ENGL 104</td>
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<td>MATH 142 or MATH 152</td>
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<td>American History Elective</td>
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<tr>
<td>NUTR/FSTC 210</td>
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<td>Free Elective</td>
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<tr>
<td><strong>Term Semester Credit Hours</strong></td>
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<td><strong>Term Semester Credit Hours</strong></td>
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<th>Spring</th>
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<td>CHEM 227/237</td>
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<td>CHEM 228</td>
<td>3</td>
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<tr>
<td>ENGL 210</td>
<td>3</td>
<td>NUTR 211</td>
<td>4</td>
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<tr>
<td>NUTR 203</td>
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<td>POLS 206</td>
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<td>American History Elective</td>
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<td>BIOL 320 or VTPP 423**</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>MGMT 309</td>
<td>3</td>
<td>GENE 301/312</td>
<td>4</td>
<td></td>
</tr>
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<td>NUTR 301</td>
<td>3</td>
<td>NUTR 304</td>
<td>4</td>
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<td>POLS 207</td>
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<td>STAT 302</td>
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<th>Spring</th>
<th>Credits</th>
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<td>ANTH 205 or ANTH 210 ****</td>
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<tr>
<td>DASC/FSTC 326</td>
<td>3</td>
<td>BICH 411</td>
<td>3</td>
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<td>NUTR 404***</td>
<td>4</td>
<td>NUTR 405</td>
<td>3</td>
<td></td>
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<tr>
<td>NUTR 430</td>
<td>3</td>
<td>NUTR 470</td>
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<td>Free Elective</td>
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<td>NUTR 481</td>
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<td><strong>Term Semester Credit Hours</strong></td>
<td><strong>13</strong></td>
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</tr>
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</table>

**Total Semester Credit Hours**

**120**

**NOTES:**

A total of 120 credit hours are required for graduation; 36 hours of 300/400 level courses are required at Texas A&M University.

* Catalog should correspond with your first semester

** Students may choose to take biomedical anatomy and physiology. Choose VIBS 305 and VTPP 423.

*** NUTR 404 is offered during the fall semester only.

**** Take either ANTH 205 or ANTH 210; ANTH 210 satisfies International Cultural Diversity requirements but does not satisfy Language, Philosophy, and Culture requirements

***** Accreditation Council for Education in Nutrition and Dietetics (ACEND)
# DPD Courses by Catalog

## DIDACTIC PROGRAM IN DIETETICS (DPD TRACK)

### CATALOG 139 (2016-2017)*

<table>
<thead>
<tr>
<th>University Core Curriculum</th>
<th>Science Courses (Credit hours)</th>
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<tbody>
<tr>
<td><strong>Citizenship</strong></td>
<td><strong>Anatomy/Physiology</strong></td>
</tr>
<tr>
<td>Am. History Elective (3) (<strong>TCCN: HIST 1301</strong>)</td>
<td><strong>BIOL 319 (4)</strong> <strong>(Cannot substitute BIOL 2401)</strong></td>
</tr>
<tr>
<td>Am. History Elective (3) (<strong>TCCN: HIST 1302</strong>)</td>
<td><strong>BIOL 320 (4)</strong> <strong>(Cannot substitute BIOL 2402)</strong></td>
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<tr>
<td>POLS 206 (3) (<strong>TCCN: GOVT 2305</strong>)</td>
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<tr>
<td>POLS 207 (3) (<strong>TCCN: GOVT 2306</strong>)</td>
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<tr>
<td><strong>Communication</strong></td>
<td><strong>Biochemistry</strong></td>
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<tr>
<td>ENGL 104 (3) (<strong>TCCN: 1301</strong>)</td>
<td>BICH 410 (3)</td>
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<tr>
<td>ENGL 241, 301 (3) (<strong>TCCN: 2311</strong>)</td>
<td>BICH 411 (3)</td>
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<td><strong>Natural Sciences</strong></td>
<td><strong>Biology and Genetics</strong></td>
</tr>
<tr>
<td>CHEM 101/111 (4) (<strong>TCCN: 1411</strong>)</td>
<td>BIOL 111 (4) (<strong>TCCN: 1406</strong>)</td>
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<tr>
<td>CHEM 102/112 (4) (<strong>TCCN: 1412</strong>)</td>
<td>BIOL 112 (4) (<strong>TCCN: 1407</strong>)</td>
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<tr>
<td><strong>Language, Philosophy, and Culture</strong></td>
<td>GENE 301/312 (4)</td>
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<tr>
<td>ANTH 205 (3)******</td>
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<tr>
<td><strong>Mathematics and Statistics</strong></td>
<td><strong>Chemistry</strong></td>
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<td>MATH 141 (3) (<strong>TCCN: 1324</strong>)</td>
<td>FSTC 326 (3)</td>
</tr>
<tr>
<td>MATH 142 (3) (<strong>TCCN: 1325</strong>)</td>
<td>NUTR 203 (3)</td>
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<tr>
<td>STAT 302 (3) (<strong>must be taken at TAMU</strong>)</td>
<td>NUTR 210 (2)</td>
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<tr>
<td><strong>Behavioral and Social Sciences</strong></td>
<td>NUTR 301 (3)</td>
</tr>
<tr>
<td>PSYC 107 (3) (<strong>TCCN: 2301</strong>)</td>
<td>NUTR 470 (3)</td>
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<tr>
<td><strong>Creative Arts</strong></td>
<td>NUTR 481 “C” (1)</td>
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<td>Creative Arts Elective (3)</td>
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<tr>
<td><strong>International &amp; Cultural Diversity</strong></td>
<td><strong>Technical Electives (ACEND</strong>*** requirements)**</td>
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<td>3 hours (can be used to satisfy other 3 hours requirements)</td>
<td>MGMT 309 (3)</td>
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<td><strong>Writing Intensive Credits (must be NUTR/2 required)</strong></td>
<td>NUTR 211 (4)</td>
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<td>1. NUTR 481</td>
<td>NUTR 304 (4)</td>
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<td>2. NUTR 430</td>
<td>NUTR 404 (4)******</td>
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<td><strong>Free Electives (6 total)</strong></td>
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<td>Free Electives</td>
<td>NUTR 430 “W” (3)</td>
</tr>
<tr>
<td>Free Electives</td>
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</table>

### NOTES:
- A total of 120 credit hours are required for graduation; 36 hours of 300/400 level courses are required at Texas A&M University.
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- ** Students may choose to take biomedical anatomy and physiology. Choose VIBS 305 and VTPP 423.
- *** NUTR 404 is offered during the fall semester only.
- **** Take either ANTH 205 or ANTH 210; ANTH 210 satisfies International Cultural Diversity requirements but does not satisfy Language, Philosophy, and Culture requirements
- ***** Accreditation Council for Education in Nutrition and Dietetics (ACEND)
NUTRITIONIST, NUTRITION AND DIETETICS TECHNICIAN REGISTERED (NDTR), REGISTERED DIETITIAN (RD), AND REGISTERED DIETITIAN NUTRITIONIST (RDN) DEFINITIONS

Before advancing further, it is important for students to understand the title nutritionist and credentials of the Nutrition and Dietetics Technician Registered (NDTR), Registered Dietitian (RD), and Registered Dietitian Nutritionist (RDN) Definitions.

A **Nutritionist** is an individual who:

- uses the science of nutrition to help individuals improve their health. *Miller-Keane Encyclopedia and Dictionary of Medicine, Nursing, and Allied Health*
- chooses to use the title and/or call themselves a “nutritionist.” There is not an established accreditation process that results in one claiming the title of nutritionist.

A **Nutrition and Dietetics Technician, Registered (NDTR)** is an individual who has successfully completed:

- An ACEND-accredited education program that relies on research and science, meets identified knowledge and competency requirements, and results in a Bachelor of Science (BS) degree; and
- the Commission on Dietetic Registration (CDR) national NDTR exam of competence (Boards) and maintains on-going continued education requirements.

A **Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN)** is an individual who has successfully completed:

- An ACEND-accredited education program that relies on research and science, meets identified knowledge and competency requirements, and results in a BS degree; most RDs/RDNs also have graduate degrees. A graduate degree will be required to take the national exam for registered dietitians effective 2024.
- An ACEND accredited supervised practice (DI) program that meets identified knowledge and competency requirements; and
- the CDR national RD/RDN exam of competence (Boards) and maintains on-going continued education requirements.

Most Texas RDs/RDNs also obtain state licensure and have the Licensed Dietitian (LD) credential. The RD and RDN credential is equivalent and will be referred to as RDN throughout the remainder of the handbook.

As indicated by the Texas A&M University DPD program mission, goals, and outcomes, this program is a scientific research-based educational program that results in a BS degree and ACEND verification statement and prepares graduates for progression into a DI program and ultimately the dietetic profession.

**Becoming A Nutrition and Dietetic Technician Registered (NDTR)**

DPD program graduates qualify to take the national CDR Nutrition and Dietetics Technician, Registered (NDTR) registration examination and become a NDTR. The NDTR credential enables employment as a dietetic technician and other nutrition-related positions. Once credentialed, these individuals will be required to comply with CDR recertification requirements, The Academy/CDR Code of Ethics for the Profession of Dietetics and the Standards of Practice for NDTRs. NDTR’s can apply for DI Programs and become RDNs upon passage of the RDN exam. More information and resources regarding the NDTR credential are available at [https://www.cdrnet.org/certifications/dietetic-technician-registered-dtr-certification](https://www.cdrnet.org/certifications/dietetic-technician-registered-dtr-certification).

Graduates who are interested in pursuing the NDTR credential should complete the Dietetic Technician Registration Eligibility Application and the NDTRE Misuse Forms (program director copy) located at [http://www.cdrnet.org/program-director/grad-info-dpd-pathway-iii](http://www.cdrnet.org/program-director/grad-info-dpd-pathway-iii) and submit them to Karen Beathard for processing. NDTR forms will be processed in September, January, and June.
While the NDTR credential is an option, DPD graduates should be aware the RDN credential will offer many more employment and career opportunities. It is not required that graduates get the NDTR certification before pursuing the RDN credential.

PREPARING EARLY FOR DIETETIC INTERNSHIP (DI) PROGRAMS

Pathways to enter the dietetic profession as a RDN include an ACEND accredited (1) coordinated program (CP) or (2) Didactic Program in Dietetics (DPD) and DI. A description of these pathways is as follows:

1. A CP integrates classroom learning and internship experiences in one program. Successful completion of a CP program allows graduates to take the RDN exam. The Texas A&M University DPD program is not a CP and Texas A&M DPD graduates should not apply to CP programs because they will have to retake course work already completed in their undergraduate career.

2. Texas A&M University offers an undergraduate DPD program. DPD graduates must complete an accredited post-graduate DI to qualify to take the RDN exam. The DPD portion includes the classroom learning, and the DI program provides supervised practice in an identified work setting. DPD graduates qualify for admission to DI programs and participate in a competitive, on-line matching process similar to other professional programs. Verification of completion of the DI program qualifies candidates to take the RDN exam. Accredited DI programs are available throughout Texas and across the United States. Each program is unique. Applicants are encouraged to explore a variety of programs and then apply to ones that best meet their needs and interests.

Purpose of ACEND Accredited DI Programs

The main objectives of an ACEND Accredited DI program are to:

- Prepare students to take the national registration examination to become RDN’s;
- Involve students in a variety of practical experiences that integrate their academic skills with current practice;
- Increase exposure to the various nutrition and dietetic services and specialty areas to help students plan their careers; and
- Provide students with opportunities to strengthen their skills in areas of interest and network with experts in the dietetic profession.

Competition for DI programs is intense and comparable to applying to other allied health professional school programs. While the most recently documented statistics on the ACEND website report a 50% national match rate (http://www.eatrightacend.org/ACEND/content.aspx?id=6442485425), Texas A&M University Fall 2015 to Spring 2016 DI match rate was 78% (Table 1). Students are encouraged to follow the guidance provided in this handbook to stand out from other applicants and enhance their opportunity for a DI match.
Texas A&M University DPD Program 2015-2016 DI Match Statistics Based on GPR

<table>
<thead>
<tr>
<th>Year of Graduation</th>
<th>Total Matched Graduates</th>
<th>&gt;3.5</th>
<th>3.49-3.3</th>
<th>3.29-3.0</th>
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<tr>
<td>2014-2015</td>
<td>6</td>
<td>1</td>
<td>0</td>
<td>5</td>
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<tr>
<td>2015-2016</td>
<td>19</td>
<td>11</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Totals</td>
<td>25 (78%)</td>
<td>12 (48%)</td>
<td>4 (16%)</td>
<td>9 (36%)</td>
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<table>
<thead>
<tr>
<th>Year of Graduation</th>
<th>Total Unmatched Graduates</th>
<th>&gt;3.3</th>
<th>3.29-3.0</th>
<th>2.99-2.8</th>
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<td>Prior to August 2012</td>
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<td>0</td>
<td>0</td>
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<td>2014-2015</td>
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<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2015-2016</td>
<td>6</td>
<td>1</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Totals</td>
<td>7 (22%)</td>
<td>1 (14%)</td>
<td>1 (14%)</td>
<td>5 (71%)</td>
</tr>
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</table>

Table 1 Texas A&M University DPD Program Fall 2015 to Spring 2016 DI Match Statistics

Advisement Timeline for Success in Competing for a DI Match

**Freshman**
- Focus on learning course content and achieving good grades – every grade counts toward your GPR, but mastery of content will ensure even greater success. Keep in mind that science grades are important and refrain from taking science courses at a junior college. Perform your best in all courses as grades from junior colleges count toward the DI program application.
- Take time to get to know Advisors and Faculty.
- Get involved in extracurricular activities (Nutrition and Dietetic Association (NDA), clubs & community service projects). Become a student member of professional organizations (The Academy, Texas Academy of Nutrition and Dietetics (The Texas Academy), Texas Student Dietetic Association (TSDA), etc.) and attend annual meetings; this is extremely important for professional development.
- Seek work experience in healthcare or foodservice (food preparation, not wait staff). If job is unrelated, seek quality volunteer experience in nutrition/dietetic-related programs. Work experience can be obtained during the summer, but many DI Directors prefer to see that students can balance work and school during the academic semesters.
- Start a portfolio or e-portfolio that documents all your activities and supports your career development in dietetics. This should include a professional statement of goals, resume, work samples, acknowledgements/recommendations, awards and honors, conferences, workshops or special seminars, professional memberships, and references.
- Consider participation in the University or NFSC Honors Program.
- Apply for NFSC scholarships (by February).

**Sophomore**
- Keep focused on learning course content and good grades.
- Build your resume – extracurricular activities, work & volunteer experience, professional organization memberships (NDA, TSDA, The Academy, The Texas Academy - network with local dietitians).
- Seek leadership roles in clubs, organization, or community service projects.
- Consider internship opportunities to gain experience and build your resume (example: Frito Lay, Camp Tejas, Ronald McDonald Camp, etc.).
• Build your academic and experience portfolio; consider an undergraduate research experience with a NUTR 285/485 Directed Studies followed by NUTR 291/491 Research.
• Start investigating potential DI programs. Use available resources and attend open houses at DI programs that interest you – this will allow you to learn the selection criterion at these respective DI programs.
• Attend the DPD orientation and meet the Eligibility Requirements for Participation in the DPD Program in order to change to the DPD track.
• Prepare to take the GRE®. Taking the GRE® the summer between your sophomore and junior year will increase the number of opportunities to take the exam; Note the official GRE® scores can be sent to a maximum of four universities free of charge on the test day; fees are required to send GRE® scores after the test day. See http://www.ets.org/gre/revised_general/about/fees/ for fee details.
• Apply for NFSC scholarships (by February).

Junior

• Continue to focus on integration of acquired knowledge and grades, building your resume, and expanding your portfolio.
• Seek related work, volunteer, and dietitian shadowing experiences in a variety of settings.
• Consider an undergraduate research experience with a NUTR 485 Directed Studies followed by NUTR 491 Research.
• Follow specific guidelines of the Texas A&M University DPD Handbook.
• Attend the DI Preparation Workshop (fall semester) and spring DPD meeting for juniors.
• Actively evaluate DI programs – Use available resources and attend DI open houses; (DPD students should have a good idea of potential DI programs to apply by the end of the spring semester of your junior year.
• If the GRE® has not been taken, take it no later than the summer between your junior and senior year; See http://www.ets.org/gre/revised_general/about/fees/ for fee details.
• Apply for The Texas Academy Foundation (by November), The Academy Foundation (by February), NFSC (by February) and TSDA scholarships. Note: you must be a student member of The Academy to apply.
• Submit the DI Intent to Apply Form (appendix) by May 15th – one year prior to application to a DI.

Senior

• Continue to focus on integration, synthesis and application of nutrition knowledge in courses, maintaining good grades, building your resume, and expanding your portfolio.
• Re-attend open houses and/or revisit programs you are planning to apply.
• Continue to gain related work, volunteer, and dietitian shadowing experiences in a variety of settings.
• Continue to gain undergraduate research experiences.
• Attend the DI Preparation Workshop (fall semester) and fall and spring DPD meetings.
• Apply for The Texas Academy Foundation (by November), The Academy Foundation (by February) and TSDA scholarships. Note: you must be a student member of The Academy to apply.
• Apply for DI programs by designated deadlines.

Preparing to be the Most Qualified Applicant

Start early
It is critical that students start early in preparation for the DI program application process. Students who follow the ACEND and DPD Director’s recommendations for applying to DI programs are more successful in a DI match. All of the following areas are strongly considered in preparation for a DI match and should be given attention as soon as a student moves into the DPD track:

Academic performance
Many programs require an overall GPR and DPD GPR of 3.0 or higher to be considered for DI admission. It is essential to confirm that your overall and DPD GPR is above the minimum required by the DI.
• Students who do not meet identified grade requirements in a course can retake it; however, the original grade will still appear on the transcript. Retaking a course and receiving an improved grade may be indicative of motivation and ensure that the student has the knowledge base required for the DI program.

• Participation in the University (http://honorsprograms.tamu.edu/Home) or NFSC Honors program (http://nfs.tamu.edu/students/honors-program-in-nutritional-sciences/) is recommended for students who meet eligibility requirements.

• Coursework taken at other institutions will be considered when averaging the overall GPR and DPD GPR on the DI application. Therefore, students should seek to perform well in all collegiate coursework.

• Note that a strong academic performance is important, but it is NOT enough in most cases for a DI match. DI Directors desire a balanced portfolio that includes strong academics, employment and organizational experience and leadership skills.

Employment Experience
Employment experience is necessary to demonstrate that the student is motivated, productive, reliable, and competent. Work experience in a foodservice, clinical or community environment is relevant and very beneficial. Some DI programs require nutrition-related employment experience, while other programs want to see that the student can multi-task successfully by working (including employment not related to nutrition/dietetics) and achieving academic success. When compared to other applicants, the applicant with dietetic-related work experience is going to have a stronger application than the one with non-dietetic work experience. Some DI programs specifically look for certain types of experience; it is important to thoroughly identify the requirements of each DI program before applying to make sure you are a good candidate. Some suggested areas for work experience are as follows:

• Healthcare establishments – Local facilities include St. Joseph Hospital, Baylor Scott and White Hospital, The College Station Medical Center, The Physician Center, Crestview Retirement Community, Isle at Watercrest Nursing Home, and St. Joseph Manor;

• Food service establishments – Texas A&M University Dining Services, Epicures Catering, local hospitals and nursing homes mentioned above or restaurants; food handling experience is necessary, and wait staff positions generally do not provide the same experience, but any work outside of school reflects time management skills;

• Women, Infants and Children Clinics (WIC) – 12 credits of nutrition coursework are required to work at WIC;

• Summer camps - There are several summer camps that are designed for special populations and often hire nutrition students. One example is Camp LaJolla Weight Loss Camp in California (https://www.wellspringcamps.com/);

• Nutrition research labs – This employment is especially good for students who are applying to combined graduate degree DI programs; and

• NASA Lab – Located in Texas A&M University Research Park; Mickey Speakmon is the contact and his information is mspeakmon@poultry.tamu.edu, 979-255-8216.

Undergraduate Research
The Academy encourages all DPD students to participate in undergraduate research to strengthen their critical thinking skills and prepare them for a DI, graduate school, and the dietetic profession. Suggestions include:

• NUTR 285 or NUTR 485 Directed Studies - Directed study on selected problems in the area of nutrition; Requires approval of instructor; see https://nfs.tamu.edu/researchprograms to view researchers and their interests;
• NUTR 291 or NUTR 491 Research - Research conducted under the direction of faculty member in nutrition; Requires approval of instructor; see https://nfs.tamu.edu/researchprograms to view researchers and their interests; and

• Undergraduate Research Scholars Program - http://hur.tamu.edu/Undergraduate-Research/About-Undergraduate-Research

Volunteer Experience
Volunteer experience should reflect student commitment; consistent volunteer work with one program is preferred over one or two visits. Volunteering does not replace employment experience and is usually evaluated separately.

Volunteer opportunities include:

• Health care establishments – Local facilities include St. Joseph Hospital, Baylor Scott and White Hospital, The College Station Medical Center, The Physician Center, Crestview Retirement Community, Isle at Watercrest Nursing Home, and St. Joseph Manor;

• Twin City Community Café – 979-822-1492;

• Brazos Valley Food Bank – 979-779-3663;

• WIC – Contact Natie Villar at nvillar@bvcaa.org or 979-260-2942;

• Texas Lions Camp (Diabetes Med Staff) - www.lionscamp.com;

• Davita Dialysis (Village Greeter) - villagegreeter@davita.com;

• Fork Friendly Program (College Station-based program) – Contact Linda Kapusniak at ljkrd@yahoo.com; and

• The NDA student organization - NDA offers many opportunities for volunteerism in the local community.

Internship Experience (Note: These experiences do not replace the ACEND-accredited DI.)
Paid and unpaid internship experiences are often available in the summer. Some internships are available through the NFSC and/or Texas A&M University, while others are independent of these programs. Examples are as follows:

• Agricultural and Natural Resources Policy (ANRP) Internship Program in Washington, D.C. - Available in the fall, spring and summer semesters. ANRP Internship available in Texas in the spring biannually. Information is available online at http://agintern.tamu.edu;

• Camp For All Food Services Internship - Tentative Dates: May-August. Intern will receive room, board, and a biweekly stipend. For more information, contact Sterling Nell Leija at sleija@campforall.org;

• Camp Ronald McDonald at Eagle Lake Summer Food Service Internship - Visit http://www.campronald.org for job descriptions and application. The traditional application deadline is in February;

• Camp Tejas - Summer Job as Food Service Assistant or Food Service Intern; For more info contact Seth Gordon at seth@camptejas.org or 979-220-9691. http://www.camptejas.org;

• Food Management Internship (FMI) - Sponsored by National Association of College and University Food Services (NACUFS). This program allows student interns the opportunity for a paid eight week summer internship that
provides experience in college and university food service settings. Additional information can be found at http://www.nacufs.org. The traditional application deadline is in January;

- **Frito Lay Summer Internship Position** - Internship Dates – mid-May-early August. Application deadline is usually in February;

- **International Food Information Council (IFIC) - Sylvia Rowe Fellowship Award**: Internship in Nutrition, Food Safety, Risk Communication. The goal of the recipient of this award should be to develop communication skills that he or she can and will apply to communicating nutrition and food safety information to the public in an academic setting, professional situation, or other public venue. The recipient will be awarded a six to 12 week paid internship at the IFIC Foundation offices in Washington, DC. Additional information can be found at http://www.ific.org;

- **James A. Haley Annual Summer Career Experience Program (SCEP)** - Contact Anne Brezina or Melody Chavez for more information: (813) 972-2000, ext. 7234 or ext. 4756 or via email at melody.chavez@med.va.gov and/or anne.brezina@med.va.gov. Application deadline is usually in April.

- **Norton Sound Health Corporation Nutrition and Health Summercise Internship in Nome, Alaska** - Contact Kelly Keyes, CAMP Director at kkeyes@nshcorp.org or (907)-443-3480

- **Undergraduate Outreach Program in Space Life Sciences Sponsored by Texas A&M University and the National Space Biomedical Research Institute (NSBRI)** - See http://www.nsbri.org/summerapprenticeship/

- **Tarrant County Meals on Wheels** - Application deadline is usually at the end of March. Contact Lilly Frawley at lilly@mealsonwheels.org. See www.mealsonwheels.org

- **Methodist Hospital, Houston, Texas** - Application deadline is usually in February. See http://www.houstonmethodistcareers.org/students-summer-intern-prog.html

- **Professional Nutrition Therapists, Dallas, Texas** (http://www.foodtherapyrd.com/) - Contact Carol Ireton-Jones at cireton-jones@foodtherapyrd.com

- **Robin Plotkin, Dallas, TX** (http://www.robinplotkin.com/) - Contact Robin at robin@robinplotkin.com/

- **Jennifer Neily, Dallas, TX** (http://neilyonnutrition.com) – Contact Jenn at Neily@NeilyonNutrition.com

**Organizational Involvement***

Students are advised to participate in university, college, professional, and community activities. Participation in a variety of organizations and activities with identified leadership involvement is essential in preparation for a DI program and career in the dietetic profession. DI programs look for students who are leaders and display a commitment to the dietetic profession through professional memberships and involvement. Professional organizations that DPD students should consider participation include the following:

- **The Academy of Nutrition and Dietetics (the Academy)** – Academy membership is a eligibility requirement for participation in the DPD Program;

- **Texas Academy of Nutrition and Dietetics (Texas Academy)** – Academy membership qualifies professionals and students for Texas Academy membership;

- **Nutrition and Dietetic Association (NDA)** – NFSC student professional organization;

- **Texas Student Dietetic Association (TSDA)** – statewide professional organization for students; and
Letters of Recommendation

Letters of recommendation are a very important part of DI, graduate school, scholarship, and employment. Generally three letters of recommendation are required for the DI program application. Recommendations should be detailed and provide an accurate reflection of the student; therefore, it is important to select references who can address your self-motivation, leadership, time management skills, responsibility, and maturity.

Considerations related to the letter of recommendation and reference selection are as follows:

- Professors and employers are desired references for most types of applications. Selected references should know the applicant well enough to cite examples to support the applicant. It is extremely important that students develop positive relationships with these individuals and interface with them in a variety of situations so they can serve as strong references;
- Some Texas A&M University faculty cite criterion in their syllabi that is required for them to write a letter of reference for students. Be sure to meet these criteria if you want this faculty member to write a letter of recommendation for you;
- Review the copy of the DI recommendation form used in the application process (Appendix). Consider how you would rate yourself on the identified grid. Identify your strengths and areas that need further improvement. How will your reference rate you and evaluate you in these areas? Do not ask someone to write for you that cannot provide a strong reference; and
- DI Program Directors are looking for students who come highly recommended and possess outstanding qualities.

More detailed information related to letters of recommendation is addressed in Applying to the DI Match section.

Professional Skills

Successful DI applicants strive to develop professional skills, which are displayed on the applicant’s resume, application and reference letters. Simply being a member in an organization is not enough; DI Program Directors want to see active involvement and/or leadership in the organization. Ideas to help develop professional skills are as follows:

- Communication skills (essential) – pay attention to both oral and written communication skills as these skills display your organization skills and attention to detail; use clear, concise and proper communication with faculty, employers, and professionals; demonstrate professionalism and proper grammar and spelling in all forms of written communication including email, application, letters requesting references, etc.; demonstrate professional oral communication and strong interpersonal skills in conversation, phone etiquette, and in interviews;
- Leadership and self-motivation – seek key roles and offices in extracurricular and volunteer activities and organizations; demonstrate self-reliance and motivation by independently seeking solutions and identifying opportunities for personal growth, setting and achieving goals, and using judgment and decision-making skills;
- Time management skills – demonstrate the ability to multi-task and be successful in academics and employment; participate in extracurricular activities, especially professional organizations; display organization, dependability, and responsibility in all interactions with faculty, employers, peers, and professionals; and
• Resourcefulness – seek to be a self-learner and not rely on professors for course related information. DI Directors expect interns to be independent learners and not require “hand holding” in the learning experience.

Criteria to Consider in DI Program Selection

DI Program Types

The primary types of supervised practice programs are the stand-alone and the combined graduate-DI programs. Distance education DI programs are also available. Once the supervised practice program requirements are completed and verified, one is eligible to take the dietetic registration exam to become a RDN.

Stand-alone DI programs do not require obtainment of an advanced degree and may be full-time or part-time. Full-time programs usually last 27 weeks to 12 months; part-time programs are longer. Most DI programs require admission tests such as the GRE® and require some graduate classes while completing the DI. Some DI programs have the option of getting a graduate degree. Students should be aware that it has been proposed that all RDN’s will require a graduate degree by 2024. Refer to http://www.cdrnet.org/vault/2459/web/files/Graduate%20Degree%20FAQ.pdf for additional questions related to graduate degree requirements.

Combined graduate-DI programs offer participants the opportunity to complete the DI and obtain an advanced degree in the same program. Combined graduate-DI programs require admission tests such as the GRE®. Combined programs are often full-time. The duration of the program may range from 18 to 30 months depending on the program and the graduate degree.

Distance Education DI programs are also available. Distance DI program’s require a lot of work on the part of the student to set up, find affiliations, complete contracts, etc. It is very important to identify all of the requirements before applying to a distance program because the affiliations must often be arranged prior to program application.

Program Emphasis

All DI programs provide 1200 hours of supervised experience that include the following core competencies: nutrition therapy, community and food service systems management. DI programs also have emphasis areas such as medical nutrition therapy, clinical nutrition, community nutrition, research, food service, etc. Allocation of hours is the responsibility of the program provided all competencies are met. Sufficient time must be allotted in each area to ensure students practice the role of the dietitian and achieve entry-level competence. However, programs have the opportunity for flexibility and innovation in curriculum planning based on goals and resources. Applicants should consider emphasis areas when selecting a DI.

Financial Constraints/Costs

DI program costs vary. Most DI programs are unpaid; however, some programs offer stipends. Stipends are increments of money provided to the interns and vary in amount depending on the program. DI programs offering stipends tend to be more competitive. Some programs charge a set fee for the DI while others charge tuition. Other financial considerations include DI/university application fees, clinical fees, transportation (car, public transportation, etc.), food, liability insurance, and incidentals (lab coat, textbooks, etc.). There is a minimum application fee for the first DI program application and fee for each additional application. Institutions may have additional fees. There is also a standard fee of $50 paid to D&D Digital Systems for computer matching. DI program location will also influence costs; some locations have a higher cost of living and require travel to various internship sites.

Financial aid opportunities vary among DI programs. Some DI programs will allow interns to obtain government loans or grants to cover the expense, while others will not. Some DI programs will allow interns to have a part-time outside job to help cover expenses; however, the DI schedule may make it difficult to work outside of the DI program. Some DI programs also offer graduate assistantships, scholarships and will waive out of state tuition.
Considerations to Help Narrow Programs of Your Interest

Deciding where to apply involves careful consideration. Below is a list of considerations that might help in deciding on DI programs to apply. Some considerations are based on personal preference, while other information can be obtained by researching resources listed on the next page.

- DI Program Characteristics/Emphasis
- People
- Location
- Weather
- Price
- Web site that might be helpful: http://finaid.org;

Resources to Assist in Researching DI Programs

The following resources are recommended when researching DI program characteristics and requirements:

**Specific DI Program Websites**

DI Programs have websites that provide specific information and application materials. Review these sites thoroughly to determine the application requirements for programs of your interest. The information on the DI website should take precedence over all other resource information since it belongs to and is managed by the program. Be resourceful by reading the website for information prior to calling or emailing the DI Program Director to ask questions. Professionalism is critically important when communicating with the DI Program Director via email or telephone conversation. Remember first impressions are lasting impressions.

**Texas A&M University DPD E-campus Website**

This website includes relevant DPD and DI program forms and information and is exclusively for DPD students.

**Texas A&M University DI Preparation Workshop**

The DI Preparation Workshop is an annual event planned for students preparing to apply to DI programs. It is generally scheduled early in the fall semester. Workshop participation is open to all DPD students.

**Applicant Guide to Supervised Practice Experience**

The original Applicant Guide to Supervised Practice Experience publication is a resource that includes an information sheet on each DI program and is one of the best resources to use to learn more about individual DI programs. This publication is available for viewing in the NFSC advising office and on the NFSC web site at http://nfs.tamu.edu/students/undergraduate-dietetic-program/. Sample pages from this publication are located in the appendix.

**DI Program information on the ACEND website (http://www.eatright.org/acend)**

The ACEND web site provides information about each DI program including the DI Program Director’s contact information and the program web link. Once on the ACEND website, information can be accessed by clicking on “Accredited Education Programs” located on the left column. Then click on “Dietetic Internships”. An example of information found at this site is located in the appendix.

**Open Houses or Site Visits**

It is highly recommended that students visit programs of interest. Many programs offer open house events or opportunities for students to visit individually. This provides the opportunity to meet the staff and/or faculty and become more familiar with the program, the facilities, and the city. Dates of open house events may be found at http://www.indiana.edu/~nutrvmg/Diopenhouses.htm. Register for the open house events according to the information given. It is appropriate to contact the DI Program Director directly to schedule a visit at programs that do
not offer an open house event. Professional dress is very important on these occasions as this may be your first and most lasting impression.

Current and/or Former Interns

It is acceptable to contact current and/or former interns via email to ask them questions regarding their experience with the DI program. It is very important to remember that this is subjective information, but it can sometimes be useful in making a decision about a program. The best way to obtain this contact information is to attend the DI Preparation Workshop, ask the DI Director for current or past intern contact information, and/or ask Mrs. Beathard for former students contact information.

The Academy Annual DI Fair

The Academy Annual DI Fair is held annually in October at the Academy Food and Nutrition Conference and Exposition (FNCE)

Considerations in Deciding the Number of DI Applications to Complete

While there is no ideal number (and no limit) to the number of DI programs to apply, applicants generally apply to three to four programs. This is an individual decision that should be based on the following factors:

Risk Associated with Applying to Too Few or Too Many Programs

There is a risk of not matching a DI program if applicants apply to too few programs. However, applicants should only apply to DI programs they are willing to attend if they match. Therefore, if there is only one program the applicant is willing to attend, then they should only apply to that one program.

Additionally, applying to too many programs can result in the loss of focus, compromising the strength of the DI application and more expense. All of these should be considered in the application process.

Competitiveness of the DI Program

The Applicant Guide to Supervised Practice Experience publication can be used to determine the competitiveness of the DI programs. Evaluate the number of applicants who apply to each program, the number of positions available, and your personal information to determine if you are a good match to this program. Additionally, consider the number of Texas A&M University graduates applying to this same program. Competing against other Texas A&M University students can be limiting. Students are encouraged to consider out-of-state DI programs and not limit program selection to one geographic location. Selecting to apply to DI programs with fewer applicants and/or fewer Texas A&M University graduates may also enhance the likelihood of a DI match.

Qualifications as a Candidate (GPR, experience, etc.)

Research the DI program requirements by reading their website or contacting the DI Director to determine the qualifications and documentation required to prepare the most competitive application. Make sure that basic qualifications are met before applying; do not apply to a DI program if your GPR or GRE® score is lower than the program requirements, you don’t have all the required experience, and/or you cannot afford the tuition, relocation or local living expenses.

Financial Requirements

Consider the amount of fees associated with the number of DI applications that will be submitted. There is a minimum application fee of $40 for the first DI program application and $20 fee for each additional application. Individual programs may have additional fees; these should be included in their program information. Additionally, there is a $50 D&D Match Fee.
The GRE® General Test Information

The GRE® is required for combined DI graduate programs and for most stand-alone DI programs. It is recommended that all DPD students take the GRE® even if programs a student is planning to apply does not require it. Past graduates who did not match in the first round needed it to qualify for a second round match but were unable to participate in the second round since they had not taken it. GRE® scores are good for five years. Requirements for taking the test are available at http://www.ets.org/gre/revised_general/register/id.

The GRE® General Test measures verbal reasoning, quantitative reasoning, critical thinking, and analytical writing skills. A general description of the test content is below. Additional information is located at http://www.gre.org.

- **Verbal Reasoning** — Skills measured includes the test taker’s “ability to analyze and evaluate written material and synthesize information obtained from it, analyze relationships among component parts of sentences, recognize relationships between words and concepts.” (GRE®, http://www.gre.org)

- **Quantitative Reasoning** — Skills measured includes the test taker’s “problem-solving ability, focusing on the basic concepts of arithmetic, algebra, and geometry and data analysis.” (GRE®, http://www.gre.org)

- **Analytical Writing** — Skills measured includes the test taker’s “critical thinking and analytical writing skills, specifically your ability to articulate and support complex ideas clearly and effectively.” (GRE®, http://www.gre.org, 2012)

The GRE® General Test format was modified August 1, 2011, resulting in modified test scores; the GRE® General Test scores are modified as follows:

### GRE® revised General Test (tests taken on or after August 1, 2011)

<table>
<thead>
<tr>
<th>Measure</th>
<th>Scores Reported</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verbal Reasoning</td>
<td>130 – 170, in 1 point increments</td>
</tr>
<tr>
<td>Quantitative Reasoning</td>
<td>130 – 170, in 1 point increments</td>
</tr>
<tr>
<td>Analytical Writing</td>
<td>0 – 6, in half point increments</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Measure</th>
<th>Scores Reported*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verbal Reasoning</td>
<td>200 – 800, in 10-point increments</td>
</tr>
<tr>
<td>Quantitative Reasoning</td>
<td>200 – 800, in 10-point increments</td>
</tr>
<tr>
<td>Analytical Writing</td>
<td>0 – 6, in half-point increments</td>
</tr>
</tbody>
</table>


Programs that require the GRE® usually specify minimum scores needed by the applicant in the “Applicant Guide to Supervised Practice” or on the DI program web site.

**Fees**

The cost for the GRE® General Test is $205.00. Credit card registration is required and can be completed at www.gre.org. On test day the official GRE® scores can be sent to a maximum of four universities free of charge with options to send your scores from the current or most recent test. The programs will only see the scores sent to them. There is a fee to send scores to additional universities beyond the four free programs and/or after the test day.
Therefore, it is economical to know the programs that you plan to apply before taking the GRE so you can send them your scores free. Additional GRE® fee information can be found at http://www.ets.org/gre/revised_general/about/fees/.

**Frequency of Testing**

GRE® General Testing sessions are offered continuously at computer-based test centers in the United States. Local testing is conducted at the General Services Complex, 750 Agronomy Rd, Suite 1101. The exam takes approximately 3½ -4½ hours to complete. Unofficial scores are provided immediately at the completion of the exam. Official scores will be mailed to registration address and identified locations approximately 10-15 days after testing. Additionally, scores can be viewed online free of charge and obtained via telephone for a fee. Please note that some programs require a paper copy of the GRE® scores, so advanced preparation is required to ensure application deadlines are met. The GRE® can be taken once every 21 days with a maximum of five times per year; scores are good for five years.

**GRE® Preparation**

The GRE® preparation time is different for each individual; however, it is recommended that you prepare in advance to improve your overall score. The following resources are available to assist in preparation for the GRE®:

- GRE® review courses;
- GRE® computer practice problems that are offered from 9am-4pm on M-R and 9am-2pm on Friday in Room 526 Blocker Building. For additional information, contact the Center for Academic Enhancement at 845-2724;
- GRE® practice books that can be purchased at most bookstores; and/or

Consult the GRE® web site for any additional information. The information that is posted at www.gre.org supersedes any information that is printed in this information form.

**APPLYING TO THE DI MATCH**

**Preparing the DI Program Application Using the Dietetic Internship Centralized Application System (DICAS)**

Most DI programs use the Dietetic Internship Centralized Application System (DICAS) online applicant portal (https://portal.dicas.org), a centralized application process, for the DI match.

- Applicants are required to create a personal account and are assigned a unique identification number that will be used on all communication with DICAS Online customer service and the selected internship programs.

- Access to DICAS is variable and depends on the DI match that the applicant is participating; DICAS is open during the fall before the spring match and the summer for the fall match. It will close for a period of time but will reopen and applicants can return to their saved application.

- DICAS has tutorials that should be watched before starting your DICAS application.

- Once on the portal, DI applicants will be prompted by an application checklist that includes all information that must be entered into the portal during the application process; required information includes demographic data, coursework, activities, honors, volunteerism, and work experience. Applicants are also required to enter grades for DPD science and professional courses. Use the DPD Course List located in the appendix to identify Texas A&M University DPD science and professional courses. The online program will calculate the GPR based on the entered data. Be sure to confirm the GPR calculations.

- There are occasional challenges that occur with DICAS such as unexpected crashes, difficulty uploading documents, etc., so it is highly recommended to start uploading information early and not wait until the last minute in the application process.
Transcripts

Applicants must request official collegiate transcripts from all previously attended colleges including study abroad using the Transcript Request Form. The Transcript Request Form and directions to complete and print it are on the DICAS Online program. Be sure to advise the Registrar Office to enclose the Transcript Request Form with your official sealed transcript and mail it directly to the DICAS Online Transcript Processing Center at: DICAS Transcript Department, PO Box 9118, Watertown, Massachusetts 02472. DICAS Online has difficulties matching official transcripts that are not accompanied by the Transcript Request Form, and this may delay application processing. Some students report ordering the transcript from the Registrar in-person may reduce the potential for mistakes.

Students who are applying to DI programs that include graduate credit will probably be required to submit a separate transcript to the graduate program as part of the graduate application process.

Personal Statement (Letter of Application)

Applicants are required to write a personal statement (letter of application) for the DI application. The DI program requirements may vary based on their specific guidelines. Therefore, it is critical to refer to the DI Program website and write the personal statement according to the program guidelines. A separate personal statement should be written for each DI program.

Consider the following when drafting the personal statement:

- Customize the personal statement to each DI program.
- Questions that should be addressed in the personal statement include the following:
  - Why have you chosen dietetics as a career?
  - What are your immediate and long-term goals?
  - What can you contribute to the dietetic profession as a whole?
  - What experiences do you have that relate to dietetics? Discuss work, volunteer, and extracurricular experiences that have helped to prepare you for your career
  - Why are you interested in this program? What influenced you to apply here?
- Make this personal. Be yourself! This is like an interview.
- Display a **POSITIVE ATTITUDE**! Point out your strong points and provide examples to support them.
- Appear confident and use “when” not “if.”
- State personal/career goals clearly & precisely. Identify your characteristics that “stand out” and make you a strong candidate for this program. This is an opportunity to “sell” yourself.
- Always keep your writing professional, cordial, and factual. Never write or communicate in a tone that could be construed as derisive or complaining.
- Start writing the personal statement early. Do not worry about length at first. Write everything that you can think of, and condense later.
- Be sure to demonstrate good written communication skills with accurate spelling, grammar, and punctuation. (Use “spell check” as needed.) One small error may eliminate you from the applicant pool.
- Compose the statement in Word and cut and paste the final statement into the applicant portal. This will provide the opportunity to print it out and have others proof it before submitting it.
- Consider taking your statement to the University Writing Center that is located in the Evans and West Campus Libraries. Have the letters reviewed and seek advice on form and grammar. This is a free service. The web site for the University Writing Center is [http://writingcenter.tamu.edu](http://writingcenter.tamu.edu); this site provides several helpful resources.
- Obtain feedback from professional acquaintances who know dietetics to proofread your writing and seriously consider their comments. Ms. Beathard, DPD Director, does not proofread letters of application, as this is not fair to all applicants. Please refrain from asking her to do so.
• Offer a copy of the personal statement to those writing letters of recommendation for your DI application packet; this will help them write a stronger recommendation.

Resume

Applicants are required to submit a professional resume. A competitive professional resume is concise and relevant, includes work experience, professional organizational involvement, leadership, and honors and is free of spelling and/or grammatical errors. It is recommended that a resume should be one page and a maximum of two pages. An example of a competitive professional resume is located in the appendix.

The Texas A&M Career Center conducts resume development workshops and many other helpful resources for students; this information can be viewed at http://careercenter.tamu.edu under the current student link. Resume evaluators are also available at the Career Center and will individually review resumes and make suggestions for improvement. Walk-in resume evaluation is from 8:30-11:00am and 1:30-4pm on Monday-Friday in room 209 Koldus. There is no charge for this service.

Letters of Recommendation

DI and graduate programs will each require three letters of recommendation from professionals who can support your application. The same references can be used for the DI and graduate program recommendations. Professionals such as professors and employers should be the writers of these letters; personal letters from friends, religious figures, or employers related to “household” functions (i.e. babysitting, house cleaning, etc.) should not be used. Many programs specify and require certain professionals, such as the DPD Director, write a letter of recommendation. It is very important to check the DI program website for specific application directions and honor all requests.

When selecting professionals to write letters of recommendation, select those who know you personally and academically and will write an honest recommendation that accurately reflects your character, work ethic, and potential as a nutrition professional. Make sure the professionals asked to write for you will be able to cover all aspects of the recommendation form. Allow adequate time for the writer to complete the recommendation; a minimum of one month in advance is required. Requesting letters of recommendation more than two months in advance is appropriate when asking a faculty member who may be writing letters for many students. The path to obtaining letters of recommendation is as follows:

1. Identify professional references;
2. Complete a letter of recommendation request form (appendix);
3. Contact the professional in-person to ask them to write a letter of recommendation for you and give them the letter of recommendation request form (Do not assume someone will write for you);
4. Enter the reference name and contact information including e-mail address into the DICAS portal;
5. An e-mail request will be sent to the reference writer requesting completion of a reference form;
6. Recommender will digitally enter one letter of recommendation for all DI programs that the applicant is applying;
7. Applicant will be notified when letter of recommendation is entered into the DICAS portal; and
8. The applicant should write a “thank you” note to the reference writer.

Note: It is the responsibility of the applicant to monitor the status of the application and ensure the letters of reference are completed and received at DICAS by the application deadline. The status section on the main page of the application will provide information regarding completion of the letters of recommendation. The recommendations are not considered complete until they have been marked as "Completed"; a status of "In-Progress" indicates that the recommendation has been started, but has not been submitted. It is acceptable to send polite reminders to writers who have not responded in a timely manner. DICAS cannot accept letters of reference via fax or e-mail under any circumstances. Additionally, members of the Texas A&M University DI Selection Committee cannot write letters of recommendation for candidates applying to the Texas A&M University DI program.
Declaration of Intent/Verification Statements

A “Declaration of Intent” is a digital form that Karen Beathard, DPD Director, must complete on DICAS. This form identifies the remaining course work required for graduation. It serves as a written contract between the student and the DPD Director confirming the identified course will be completed before being eligible to receive the Verification Statement and start the DI Program. DPD students who are planning to apply for a DI in the spring must complete the “Request for a Declaration of Intent” form by the completion of the fall semester prior to the spring semester they plan to apply for a DI.

A “Verification Statement” is a document provided by Karen Beathard, DPD Director, after graduation that verifies completion of the Texas A&M University DPD program and BS degree. All graduates who meet the DPD eligibility requirements at graduation will receive a Verification Statement. DPD students who are graduating should complete the “Request for a Verification Statement” form when they are applying for graduation; this form must be completed before graduation to get the verification statement in a timely manner.

All DI applicants are required to request either the “Declaration of Intent” or “Verification Statement” in the DPD Program Information section of the DICAS online application. Only DPD graduates should request a Verification Statement; current students should request a Declaration of Intent. All applicants must identify Karen Beathard as the Texas A&M University DPD Director. The proper email to use for this request is kbeathard@tamu.edu. Once the request has been submitted, the DPD Director will receive an email indicating that she is required to submit the identified document.

If the Declaration of Intent form is selected, the DPD Director will enter in the remaining course work required for graduation and submit it back to the applicant for confirmation of accuracy. Once confirmed, the applicant should accept the form. If for any reason applicants do not accept this coursework, they should add a comment why they do not accept it and return it to the DPD Director. This section will be complete once all parties are satisfied. This section must be complete to submit your DI application.

All applicants who match a DI program will be required to submit an original Verification Statement with an original signature of the DPD Director to the DI Program Director before starting the program. Verification Statements will be mailed to DPD program graduates within a month of their graduation date. DPD graduates who do not receive a Verification Statement or have misplaced it should contact Karen Beathard at kbeathard@tamu.edu or 979-862-7621 for assistance.

Supplemental Application Forms

DPD Course List Required Supplemental Form

This form lists the required DPD courses at Texas A&M University and must be uploaded to DICAS as part of the DI application packet. The form is located in the appendix.

Graduate School Application

Combined graduate-DI programs usually require a separate graduate school application. The due dates for the graduate application often do not coincide with the due date of the DI application and may occur in the fall prior to the spring match. Be aware the requirements for admission to graduate programs and application due dates so application deadlines can be met.

Other Supplemental Application Forms

Some DI programs require additional supplemental application forms including a physical examination, a specific academic record, class rank information, or a copy of the DPD requirements signed by the DPD Director, etc. Read the application instructions on each DI program website very carefully to identify any supplemental application requirements because DI programs vary. Be sure to honor all requirements including deadlines for additional forms; overlooking a small detail can make a big difference on match day. Submit any additional forms that need to be signed by the DPD Director to Karen Beathard.
Computer Matching Procedures

Most DI Programs select applicants through a computer matching process. Computer matching is coordinated by D&D Digital Systems and follows the ACEND spring and fall DI application timelines. Note that the D&D Digital Systems is different from the Dietetic Internship Centralized Application System (DICAS) online applicant portal and each has specific procedures. It is important that DI applicants follow the procedures for both and submit all required components by the DI application deadline.

Computer matching simulates the steps of the traditional recruitment process using the rank order lists completed by applicants and programs. As a result, applicants receive one position with their highest ranked program that offers the applicant a position. Computer matching program information is obtainable from the D&D Digital website at http://www.dnddigital.com.

Applicants who participate in the computer matching process may select any one of the following options to apply:

- Register online by paying the standard $50 registration fee by credit card. You will receive a user name and password after payment is completed that will allow online access for you to enter, verify and change, if necessary, your contact information, release information, and DI choices. OR

- Click Download Application Form. A registration form with personal contact information, DI choices, and release option can be printed out and mailed to D&D Digital with the $50 Registration Fee. The registration form and check should be sent to D&D Digital via certified mail; this will provide a receipt to document the date that it was mailed. Request to be notified of receipt of the form. The D&D Digital match form must be postmarked by the application deadline (mid-February for spring applications or mid-September for fall applications). Applicants should check with D&D Digital if certified mail receipt is not returned within three weeks.

Complete the D&D Digital match form with your choices carefully! Be sure to mark the box allowing your name to be released if you don’t receive an appointment. This will enable DI programs with openings to contact you after the appointment date if you do not match during the first round. Even if your DI application is perfect, a mistake on the computer matching, like accidentally marking the wrong school or completing the D&D Digital form after the time deadline, can completely eliminate your DI program application.

D&D Digital ranking priorities are confidential, and the DI Program Directors will not know how you ranked their programs. It is important to rank programs according to individual preferences. Do not list any DI program you are unwilling to attend. As a participant in the computer matching process, it is expected that applicants who receive a match will adhere to the results and accept that match. It is professionally unethical to decline a match in order to pursue appointment to another DI program; it is also inconsiderate to the DI Director, other DI applicants and future Texas A&M University DI applicants. If for any reason you decide that you are unable to accept an appointment from a computer match after submitting the D&D Digital match information, you should withdraw from the match by the identified deadlines. Deadlines for withdrawal from the computer match are included on the ACEND website at http://www.eatright.org/acend or on the D&D Digital web site at http://www.dnddigital.com and are expected to be honored.

See http://www.eatright.org/acend for further information on computer matching policies and procedures including guidelines for DI participation in the preselect option, computer matching timelines, computer matching statistics, applicant responsibilities, and FAQ: Top 10 Questions about Computer Matching for Dietetic Internships (DIs).

The Computer Matching process MUST be completed by the standard DI application date (mid-February or mid-September) to participate in the process.

DI Match Application Timelines

Students who wish to attend internship programs that BEGIN between January and April should participate in November computer matching.
• August – Portal site opens for applicants participating in the November computer matching.
• September - (See http://www.eatright.org/ACEND for the exact date; this date applies to the DI application and computer matching)
  o DI application is due and DICAS Portal site closes at 11:59pm
  o Students must register online for computer matching through D&D Digital ($50 fee) - http://www.dnddigital.com
• November - Students will be notified of their match and DI programs with open positions will post for non-matched applicants (See http://www.eatright.org/ACEND for the exact dates)
Students who wish to attend internship programs that BEGIN between May and November should participate in April computer matching.
• December – Portal site opens for applicants participating in the April computer matching.
• Mid-February - (See http://www.eatright.org/ACEND for the exact date; this date applies to the DI application and computer matching)
  o DI application is due and DICAS Portal site closes at 11:59pm
  o Students must register online for computer matching through D&D Digital ($50 fee) - http://www.dnddigital.com
• April - Students will be notified of their match and DI programs with open positions will post for non-matched applicants (See http://www.eatright.org/ACEND for the exact dates)

See the ACEND website (http://www.eatright.org/ACEND) or D&D Digital website (http://www.dnddigital.com) for exact dates.

DI Match Application Checklist (Prior to the Match)

Sophomore

□ Identify programs of interest by using available resources and attending open houses

□ Take GRE® during the summer between your sophomore and junior and no later than between your junior and senior year

Senior Year (year you are actually applying to a DI Program)

Early Fall

□ Use DI Program web site to confirm the application requirements of the specific program and identify any additional supplemental forms that are required

□ Apply for graduate school (if required)

□ Initiate DICAS Application; Request the Declaration of Intent or Verification Statement on DICAS

□ Write personal statement(s)

□ Apply for the Texas Academy Foundation scholarship (Due November)

By the End of the Fall Semester

□ Request three letters of recommendation using the Letter of Recommendation Request Form

□ Complete either the Request for Declaration of Intent or Verification Statement form (forms in appendix) and submit to Karen Beathard

□ Request Declaration of Intent or Verification Statement on DICAS
Early Spring

- Apply for financial aid and scholarships (including The Academy Foundation scholarship)
- Order all original transcripts in early January (Be sure most recent grades are included)
- Finalize resume including all employment and volunteer experience
- Complete computer matching procedures at the D&D Digital website – http://dnddigital.com
- Make final adjustments to your original DI application on DICAS and submit your application by the identified deadline (Timeline is available at http://www.eatrightacend.org/ACEND/content.aspx?id=6442485425)
  **Note:** a lot of DI Directors will be expecting applications prior to the deadline
- Prepare for interview (if necessary based on program)

Mid-Spring (usually Early March)

- DI priority rankings can be modified before 11:59 pm Central Time on the D&D Digital website http://www.dnddigital.com website; however, no additional internships can be added to the list.
- If you make other arrangements and will not be able to accept a match that may occur, you must notify D&D Digital in writing of your decision to withdraw from DI matching by the date specified on the http://www.dnddigital.com website. The $50 matching fee is not refundable. If you do not withdraw from the match by the identified time, you **WILL** be expected to attend the DI program you match.

DI INTERVIEW PREPARATION

Some programs require an interview in-person or via the telephone, email and/or other distance methods. This is done after the DI application is submitted. Interview formats vary; some emphasize personal character and others are skills-based and emphasize applied questions like case studies, etc. It is important to identify the type of interview that will be conducted. Interview requirements are found in the “Applicant Guide to Supervised Practice Experience” publication or on the program’s website. Applicants that apply to a program requiring an in-person interview will be required to travel to the interview. This will be an added expense to the application process. Interviews are usually held in October/November for the fall match and March/April for the spring match. Programs who conduct interviews often interview a select number of applicants.

Programs usually call or email to arrange an appointment for the interview. Applicants should make sure to have a voicemail with a professional message for two to six weeks after the DI application deadline unless someone is available to accept the call. Additionally, routinely check the email address supplied on your DICAS application for communication from a DI Director.

Preparing for the Interview

- Learn as much information about the DI as possible: DI facts, processes, program requirements, etc.
- Be prepared with specific examples that demonstrate your strengths, areas for improvement, learning experiences, and why you want to enter the dietetic profession, etc.;
- Familiarize yourself with ethics of the profession and nutrition hot topics;
- Prepare and always ask relevant questions during the interview process; and
- Display professionalism, manners, interpersonal skills, and interest in the DI program.
Sample Interview Questions

- Why do you want to enter the dietetics profession?
- Why do you want to attend this DI program?
- Tell us something about yourself you want the selection committee to know that isn’t in your application.
- What is the most important skill for a dietitian to have?
- List two of your strengths and one of your weaknesses.
- Tell me about a time when you had an objective to complete and you failed. How did you respond?
- Do you think you are a good leader? Tell me about what would make you a qualified leader.
- What would you do if you were asked to do something unethical?

Interview Day

If the interview is in person, interviewees should dress professionally, be on time and bring their personal portfolio. The personal portfolio should include an updated resume, personal samples of work, honor certificates, etc.

Applicants preparing for a telephone interview should consider “dressing the part” by dressing professionally to enhance confidence. One should select a quiet, comfortable location without distractions to accept the interview call. Complete attention should be focused on the interview; this is an impression of the applicant’s technical knowledge, oral communication and interpersonal skills and professionalism and will influence the DI match.

NOTIFICATION AND APPOINTMENT OF DI MATCH

Notification Day

All applicants will receive a personal login and password from D&D Digital prior to notification day. Applicant matching results will be posted on www.dnddigital.com at 6:00 PM central time on the identified date. All applicants who receive one match will find the matched DI program name and contact information so they can contact the program to accept the matched appointment. The DI Director will provide additional instructions after accepting the match. The DI Director and Karen Beathard, Texas A&M DPD Director, expects all matched applicants to accept the appointment and no arrangements should be made with any other DI programs. If matching results are not available to you via the web site by the identified date, it is the applicant’s responsibility to contact D&D Digital directly at 515-292-0490.

Please notify Karen Beathard at kbeathard@tamu.edu or 979-845-4426 of your matching results on Notification Day. This information is required for Texas A&M University records. Mrs. Beathard can also assist with second round applications, if necessary.

Additionally, applicants should notify the professionals who wrote letters of recommendation of their match status. These professionals supported the DI application with their time by writing a letter and notification of the match outcome is a professional and respectful courtesy.

Appointment Day

Matched applicants must contact the DI Program Director on or before 5:00 p.m. (time zone of the program) on the designated appointment day to confirm acceptance of the match.

Failure to Match in First Round Match

Applicants who fail to match a DI program in the first round match have the following options:

Second Round Match

The “second round match” offers applicants who fail to match in the first round match the opportunity to apply to DI programs that have openings after the first round match. The protocol for the second round match is different from the initial match. DI programs that are participating in the second round match will be identified on the D&D website. Unmatched applicants should refer to the respective DI program websites for second round application instructions.
is important to follow the application instructions to programs of interest in a timely manner. There is a $20 fee per program.

The original DI application packets of those interested in participating in the second round match will be saved on the DICAS portal; the application information can be updated for the second round match. This allows programs that did not fill 100% of their intern positions in the first round match to view the applications of unmatched applicants and consider them for a potential second round match.

It is important to note that the DI programs considered in the second round match often have different prerequisites than programs previously applied including the GRE®. Due to the short timeline in the second round match, it is impossible to take the GRE® in time to meet the application deadline. Therefore, the GRE® is highly recommended when preparing for the initial DI match.

Individualized Supervised Practice Pathways (ISPPs)

Individualized Supervised Practice Pathways (ISPPs) are alternative supervised programs that allow graduates who did not match a DI in the first round to gain supervised practice experience and qualify to take the RDN exam. ISPPs are similar to distance DI programs and have specific eligibility requirements and options that vary by program. Students can view DI programs that offer ISPPs by visiting http://eatright.org/acend. Students interested in applying to an ISPP should research the program eligibility requirements, including the requirements to self-locate preceptors before contacting the program director.

Become a Nutrition and Dietetics Technician, Registered (NDTR)

DPD program graduates qualify to take the national CDR Nutrition and Dietetics Technician, Registered (NDTR) registration examination and become a NDTR. The NDTR credential will enable employment as a dietetic technician and other nutrition-related positions. Once credentialed, these individuals will be required to comply with CDR recertification requirements, The Academy/CDR Code of Ethics for the Profession of Dietetics and the Standards of Practice for NDTRs. NDTR’s can apply for DI Programs and become RDNs upon passage of the RDN exam. A NDTR fact sheet can be viewed at http://www.eatright.org/acend.

Forms

DPD graduates who are interested in pursuing the NDTR credential should complete the appropriate forms located at http://www.cdrnet.org/program-director/grad-info-dpd-pathway-iii and submit them to Karen Beathard for processing. NDTR forms will be processed on September, January, and June.

Seek Experience and Reapply in the Future

Students who do not match should evaluate the situation and identify why they did not match. Often students have a deficiency in their resume and/or portfolio such as work experience that inhibits a DI match. Students who do not match and have limited work experience should consider building their resume or portfolio by gaining work experience in a related area and reapply in the future.

Post DI Match Application Checklist (After the Match) For Students Who Matched a DI

- Contact the DI Director immediately to confirm your match; the DI Director will provide additional instructions
- Contact Karen Beathard (kbeathard@tamu.edu) to notify her of your match status and future plans
- Notify the professionals who wrote your letters of recommendation of your match status
- Obtain an original copy of your Verification Statement and submit it to your DI Director; Karen Beathard will automatically mail the verification statements to graduates after graduation
Order your final transcript that posts final grades and the actual date of graduation and submit it to your DI Director

Post DI Match Application Checklist (After the Match) For Students Who Did Not Match a DI

1. Contact Karen Beathard (kbeathard@tamu.edu) to notify her of your match status and future plans
2. Notify the professionals who wrote your letters of recommendation of your match status
3. Consider options 1, 2, or 3 below

Option 1

☐ Go to the D & D Digital website (http://www.dnddigital.com) to identify DI programs with openings and decide if you are going to apply for the second round match

☐ If you are going to participate in the second round match, go to the specific DI programs website to identify the second round match protocol. Follow the specific protocol of the DI program(s) you are interested in applying.

Option 2

☐ Consider applying for an ISSP. View DI programs that offer ISPPs by visiting http://eatright.org/acend.

☐ Research the ISSP program eligibility requirements, including the requirements to self-locate preceptors before contacting the program director. Follow the specific protocol of the ISSP you are interested in applying

Option 3

☐ Consider becoming a NDTR, work and gain more experience before applying for DI programs in the future

☐ Complete and submit the required paperwork to become a NDTR to Karen Beathard; See https://www.cdrnet.org/program-director/grad-info-dpd-pathway-iii for details

FINANCIAL AID AND SCHOLARSHIP

Financial Aid

Financial aid consists of scholarships and grants, loans and part-time employment. To determine your eligibility to receive financial assistance, you must submit the Free Application for Federal Student Aid (FAFSA) each academic year. You may access the electronic version of the FAFSA online at www.fafsa.ed.gov. To contact a financial aid counselor call (979) 845-3236. Information concerning tuition, fees, and financial aid is published in the Texas A&M University Undergraduate Catalog or online at http://financialaid.tamu.edu/.

As a reminder, financial aid is not accepted by all DI programs. Some DI programs will not permit part-time employment. DI applicants should research respective programs to determine if they accept financial aid and/or will permit part-time employment.

Scholarships

DPD Undergraduates

• Department of Nutrition & Food Science (NFSC) - http://nfs.tamu.edu
  o Deadline: Check with the NFSC advising office for exact date - usually around the end of February
  o Recipients are recognized at the NFSC Scholarship and Awards Banquet during Parent’s Weekend
  o Amounts vary depending upon the scholarship awarded; usual range ~$500-$2000 annually
• Texas Student Dietetic Association (TSDA) - http://www.eatrighttsda.org/
  o Deadline: Usually April
Must be an TSDA and Academy student member

- **Morrison’s Scholarship Program (SODA)** - [http://iammorrison.com/](http://iammorrison.com/)
  - Deadline: May
  - Seniors in DPD programs, who will attend a DI or Juniors of a Coordinated Program

DPD Juniors, Seniors, or Dietetic Interns in a Graduate Program

- **The Texas Academy Foundation** - [http://tandfscholarships.org/](http://tandfscholarships.org/)
  - Deadline: Usually November
  - Amounts range from $500 to $1200
  - Must be an Academy student member.
- **The Academy Foundation** - [http://www.eatright.org/Foundation/scholarships/](http://www.eatright.org/Foundation/scholarships/)
  - Deadline: Mid-February. Deadline date usually coincides with the DI application deadline
  - Amounts range from $500 to $3,000
  - Must be an Academy student member

HELPFUL WEBSITES

- The Academy of Nutrition and Dietetics (The Academy) homepage: [http://www.eatright.org](http://www.eatright.org)
- **Accreditation Council for Education in Nutrition and Dietetics** (ACEND) homepage: [http://www.eatright.org/acend](http://www.eatright.org/acend)
- Commission on Dietetic Registration (CDR): [http://www.cdrnet.org](http://www.cdrnet.org)
- D & D Digital: [http://www.dnddigital.com](http://www.dnddigital.com)
- Department of Nutrition and Food Science (NFSC): [http://nfs.tamu.edu](http://nfs.tamu.edu)
- Texas A&M University (TAMU) Office of Admissions and Records: [http://admissions.tamu.edu/](http://admissions.tamu.edu/)
- TAMU Office of Registrar: [http://registrar.tamu.edu/](http://registrar.tamu.edu/)
- TAMU Student Financial Aid: [http://financialaid.tamu.edu](http://financialaid.tamu.edu)
- TAMU Course Catalogs: [http://catalog.tamu.edu](http://catalog.tamu.edu)
- TAMU homepage: [http://www.tamu.edu](http://www.tamu.edu)
- TAMU Student Organizations: [http://studentactivities.tamu.edu](http://studentactivities.tamu.edu)
- TAMU Career Center: [http://careercenter.tamu.edu](http://careercenter.tamu.edu)
- TAMU University Writing Center: [http://writingcenter.tamu.edu](http://writingcenter.tamu.edu)

RELEVANT PROFESSIONAL AND STUDENT ORGANIZATIONS

Organizational involvement and leadership is an important consideration in the DI match. Often DI Directors would prefer to see leadership and involvement in one or two organizations rather than membership in every possible one. While students may have memberships in non-professional organizations, it is highly encouraged to consider participation and leadership in professional organizations.

- The Academy – [http://www.eatright.org](http://www.eatright.org): additional resources for student membership
  - Student Scoop: [http://www.eatrightpro.org/](http://www.eatrightpro.org/)
  - Student Online Community of Interest Message Board: [http://www.eatrightpro.org/resources/membership/student-member-center](http://www.eatrightpro.org/resources/membership/student-member-center)
  - Dietetic Practice Groups (DPG’s) (professional-interest groups who wish to connect with other members within their areas of interest and/or practice; student memberships available): [http://www.eatrightpro.org/resources/membership/academy-groups/dietetic-practice-groups](http://www.eatrightpro.org/resources/membership/academy-groups/dietetic-practice-groups)
  - Member Interest Groups (MIG’s) (groups of Academy members with common interests; focus is on areas other than the practice of dietetics or geographic location): [http://www.eatright.org/migs](http://www.eatright.org/migs)
- The Texas Academy: [http://www.eatrighttexas.org](http://www.eatrighttexas.org)
American Society of Nutrition (ASN):  http://www.nutrition.org/
Collegiate and Professional Sports Dietitians Association:  www.sportsrd.org
Texas Student Dietetic Association (TSDA):  http://www.eatrighttsda.org/
Nutrition and Dietetic Association (NDA)*:  http://tamu-nda.tamu.edu
Gluten Free Aggies:  http://glutenfreeaggies.tamu.edu/
Vegetarian/Vegan Aggies:  https://www.facebook.com/groups/veganaggies/
Food Recovery Network:  https://www.facebook.com/tamufrn
Food Science Club:  https://www.facebook.com/groups/TAMUFSTCC/
List of all TAMU student organizations:  http://getinvolved.tamu.edu

*NDA is a campus organization composed of Nutritional Science majors and other students with an interest in nutrition. NDA meetings provide opportunities to learn about career possibilities in the nutrition and dietetics field and to hear speakers on current topics in nutrition. The NDA also sponsors philanthropic and social activities, promoting club member interaction. All Nutritional Science majors are strongly urged to join as soon as they enter the major. For more information, visit their website at  http://tamu-nda.tamu.edu

CAREER OPPORTUNITIES FOR NDTRS

Nutrition and Dietetic Technician, Registered (NDTRs) work independently or as a team member under the supervision of registered dietitians in a variety of employment settings, including the following:

**Healthcare**
- Help treat and prevent disease by conducting screens, gathering data and performing other tasks to assist the registered dietitian in providing medical nutrition therapy as an important part of health-care teams
- May work with hospitals, HMOs, clinics, nursing homes, retirement centers, hospices, home health-care programs and research facilities

**Food Service Management**
- Manage employees, purchasing and food preparation and preparing budgets within foodservice operations
- May work in schools, nursing home facilities, healthcare facilities, hotels, restaurants, colleges, day care centers, or the military

**Community Nutrition**
- Develop and teaching nutrition classes for the public
- May work in Women, infant, children (WIC) programs, public health agencies, Meals on Wheels and community health programs

**Wellness**
- Help educate clients about the connection between food, fitness, and health
- May work in health clubs, weight management clinics, and community or corporate wellness programs

**Business. Industry, and Sales**
- Develop menus, overseeing foodservice sanitation and food safety and preparing food labeling information and nutrient analysis
- May work in food companies, contract food management companies or food vending and distributing operations

CAREER OPPORTUNITIES FOR RDNS

Job opportunities in the field of dietetics continue to grow in a variety of areas including health care, sports nutrition, and public policy. Registered Dietitians Nutritionists (RDNs) serve as an integral role in each of these settings. The educational background and training provided prepares RDNs to work among diverse populations with various needs.

Some of the major areas include:

Clinical Dietetics
- As part of a healthcare team, RDNs educate and counsel patients about nutrition, provide medical nutrition therapy through assessment of nutritional needs, nutritional diagnoses, and an individual nutrition care plan
- May work in hospitals, nursing homes, outpatient settings or the military.

Food Service Management
- As part of the management team, dietitians plan and oversee everything from food purchasing and preparation to managing of staff
- May work in schools, nursing home facilities, healthcare facilities, hotels, restaurants, colleges, day care centers, or the military

Business, Industry, Wellness and Sales
- Food firms need people with nutrition expertise for communications, consumer affairs, public relations, marketing, and product development
- May work in sales and promotion, the food industry, corporate wellness programs, marketing, and even supermarkets

Community Nutrition
- As a member of the community health care team, RDNs work with the community to plan and coordinate community- wide health programs to improve their quality of life through healthy eating habits.
- May work in a variety of settings including WIC, community gardens, and community-based clinics

Private Practice/Entrepreneurial
- Working in their own business or under contract with health-focused companies, RDNs may provide advice on services in nutrition care, sports nutrition or food service management
- May work with food vendors, restaurant managers, nursing home residents, company employers, Extension Agencies, supermarkets or private clients

Sports Nutrition and Wellness Programs
- Applying sports nutrition science to fueling fitness, sport, and athletic performance, sports RDNs provide nutritional information for those seeking to achieve optimal performance
- May work for colleges and university athletic departments, corporations, health care organizations, professional sports organizations, private practice, health and fitness centers, or the military

Public Policy
- Public policy dietitians work to assist in developing dietary recommendations or guidelines that benefit the public’s health and well-being
- May work at the local, state, or national level

Education/Research
- Working closely with investigators and colleagues, RDNs implement, evaluate, and provide educational experiences for dietetic, medial, nursing or other allied health students
- May work in a clinical research center in hospitals or academic centers
Additional information on careers in dietetics can be viewed at [http://www.eatright.org/students/careers/](http://www.eatright.org/students/careers/)

**ADDITIONAL RECOMMENDED REFERENCE**

APPENDIX
Dietetic Internship (DI) Intent to Apply Form
(Submit by May 15th – one year prior to application to a DI)

Date __________________________

Name_____________________Email____________________________UIN______________

Permanent Address ___________________________________________________________
____________________________________________________________________________

Local Phone (     ) __________________  Permanent Phone (    ) ______________________

Expected Graduation Date _____________________________________________________

Overall grade point at this time ________ (grade point of transferred credit ________)

GRE Scores: _____ (verbal) _____ (quantitative)_____not taken, will take on _________(date)

Paid Work Experience (List position title and approximate dates)
1.                                                                                   
2.                                                                                   
3.                                                                                   
4.                                                                                   

Volunteer Work Experience in a Dietetics-related Position
1.                                                                                   
2.                                                                                   
3.                                                                                   

Honors/Extracurricular Activities as College Student (for organization, give office held if applicable)
1.                                                                                   
2.                                                                                   
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5.                                                                                   
6.                                                                                   

Prioritize the programs you plan to apply on the following table:

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<tr>
<th>Prioritization</th>
<th>DI Programs You Plan to Apply</th>
<th>DI Web Address</th>
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When are you planning to apply for a DI internship?
**Dietetic Internship Reference Form**

(Note: This is sample copy for reference only; Writers will complete their letter of recommendation electronically)

Please rate the applicant on the qualities you feel you can judge on the grid below. Indicate your perception of the student’s readiness to function in a dietetic internship program at this time. Provide comments of ratings and your signature on next page.

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<td>Peers/Co-Workers</td>
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<td>Reaction to Stress</td>
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<tr>
<td>Perseverance</td>
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<tr>
<td>Creativity</td>
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<td>Organizational Skills</td>
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<tr>
<td>Works Independently</td>
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<tr>
<td>Responsibility/Maturity</td>
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<tr>
<td>Overall Potential as a Dietitian</td>
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</tbody>
</table>

**Relationship to Applicant:**  
Advisor:  
Teacher:  
Work Supervisor:  
Other:  

If Other, please indicate relationship:  

---

How long have you known applicant?  

---

How well do you know applicant?  

---
Do You: (Check appropriate box.)

Highly Recommend

Recommend

Not Recommend

5 □ 4 □ 3 □ 2 □ 1 □

Additional Information: Use to amplify or add to characteristics rated on previous page. Indicate applicant’s strengths and those qualities that require further development. (May use a separate sheet or letter.)

Strengths:

Qualities that Require Further Development:

Name ____________________________________________

Signature ___________________________ Date ______________

Position ____________________________________________

Place of Employment ____________________________________________

Phone ___________________________ E-mail ___________________________

Address

Prepared by The Academy of Nutrition and Food Science and Dietetic Educators of Practitioners Practice Group for optional use by dietetics education programs (2004).
### Sample Page from the Applicant Guide to Supervised Practice Experience

#### Texas A&M University Internship w/Advanced Degree

<table>
<thead>
<tr>
<th>PROGRAM TYPE:</th>
<th>✓ Internship w/ Advanced Degree</th>
<th>✓ Internship w/ Advanced Degree Opt.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director:</td>
<td>Karen S. Geismar</td>
<td>Phone: 979-845-5713</td>
</tr>
<tr>
<td>Institution:</td>
<td>Texas A&amp;M University Internship w/Advanced Degree</td>
<td>Email: <a href="mailto:ksgeismar@tamu.edu">ksgeismar@tamu.edu</a></td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://nfs.tamu.edu/dietetic_internships">http://nfs.tamu.edu/dietetic_internships</a></td>
<td></td>
</tr>
</tbody>
</table>

#### MAILING ADDRESS:
- College/School: Texas A&M University
- Department: Dept. Nutrition & Food Science
- Street Olsen Blvd.
- Mail Drop: 2253 TAMU
- Hall/Bldg: 100 Cater-Mattil
- City: College Station
- State: TX
- Zip: 77843-2253

#### PROGRAM INFORMATION:
- Start Date 1: Aug/Fall
- Start Date 2:            
- Number of openings: 12
- Program Length: 33 Months
- Full-time Hours: 40-50 hours
- Part-time Hours:    
- Number of applicants 2 years ago: 28
- Number of Interns or Students 2 Years Ago: 8
- Number of applicants last year: 32
- Number of Interns or Students Last Year: 9

#### FOCUS OF PROGRAM:
- Concentration: Clinical Dietetics
- Additional Concentration: Research

#### CLINICAL PRACTICE EXPERIENCES:
- Length of Clinical Experience: 5 Months
- Academic Medical Center
- Regional Medical Center
- Medical Center
- Small Medical Center
- Pediatric Hospital
- Rehabilitation Center
- VA Medical Center
- Community Hospital
- State Hospital
- Long-term Care Facility
- Out Patient Clinic
- Other:

- Medicine
- Nutrition Support
- Women’s Health
- Pediatrics
- Bariatrics
- Psychiatric Care
- Trauma
- Pulmonary
- GI
- Surgery
- Renal/Dialysis
- Critical Care
- Burn Care
- Eating Disorders
- Geriatrics
- Neurology/Spinal Cord Injury
- NICU
- Oncology
- HIV/AIDS
- Cardiology
- Organ Transplant
- Other:

#### COMMUNITY PRACTICE EXPERIENCES:
- Length of Community Experience: 2-3 Months
- Community Clinics/Programs
- Public Health/Health Departments
- WIC
- Child Services
- Schools
- Food Banks
- Cooperative Extension
- Meals on Wheels
- Senior Services
- Community Meal Sites
- Fitness/Wellness
- Other:

#### MANAGEMENT PRACTICE EXPERIENCES:
- Length of Management Experience: 2-3 Months
- Healthcare
- Public Schools
- College/University
- Commercial/Retail
- Community Facilities
- Other: Clinical

#### STAFF RELIEF PRACTICE EXPERIENCES:
- Length of Staff Relief: 2-3 Weeks
- All Rotations
- Clinical
- Clinical Administration
- Nutrition Education/Counseling
- Intern Choice
- Eating Disorders
- Health Department
- State/Federal Agency
- Community
- Food Service
- Public Health
- Other:

#### NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:
- Non-Traditional Practice Experience: 2 Weeks
- Specialty Practice Experience: 2-3 weeks
- Hospitality
- Dental
- Corporate Wellness
- Rural Health
- Community Agriculture/Urban Gardening
- Information System
- Independent Study
- Sales and Marketing
- Retail
- Culinary
- Sports Nutrition
- Research
- Advanced Practice
- Program Planning
- Public Health
- Pediatrics
- Eating Disorders
- Underserved
- Diabetes
- Media/Communication
- Neonatal
- Leadership
- Indian Health
- Military Skills
- Surgery
- Private Practice/Entrepreneurship
- Retail
- Other:

#### OTHER IMPORTANT PROGRAM INFORMATION:

Texas A&M University Internship w/Advanced Degree Page 712
**ESTIMATED COST OF LIVING:**

**Stipends**
- [ ] Monetary
- [ ] Tuition Waiver
- [ ] Assistantship
- [ ] Fee Waiver
- [ ] Parking
- [ ] Other Stipend

*If checked, stipend is available to all students without restrictions, however, this does not guarantee a student will be awarded a stipend even if a stipend is available and the student is eligible. Any eligibility restrictions are explained below.*

*Stipend Restrictions:*
- [ ] Available to all students/interns

**Percentage of students/interns awarded stipend (5 year average):**

**Living Expenses**
- [ ] Meals
  - Meals are not provided
  - % of Meals Provided: ________________
  - Estimated Meal Cost: **$1000.00-$5000.00**

- [ ] Insurance
  - Liability Insurance provided? No
  - If not provided, cost of liability insurance per year $: **$25.00-$35.00**
  - Health Insurance provided? No
  - If not provided, cost of health insurance per year $: **$200.00-$1200.00**

- [ ] Housing and Transportation
  - Housing assistance provided? No
  - If not provided, estimated rent per month $: **$150.00-$500.00**
  - Is a car required? Yes
  - Estimated transportation cost per year $:

- [ ] Dues
  - Academy student membership required? Yes

**Fees**
- [ ] Application Fees
  - Program Application Fee: **50**
  - Grad School Application Fee: **50**

- [ ] Program Fees
  - Year One: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________
  - Year Two: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________
  - Year Three: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________

- [ ] Tuition
  - Year One: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________
  - Year Two: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________
  - Year Three: All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________

- [ ] Course Work (cost if not included in tuition)
  - Graduate credits required? Yes
  - Number of graduate credits required: ________________

- [ ] Cost per Credit
  - All Students/Interns: ________________
  - Resident: ________________
  - Non-resident: ________________

- [ ] Finances

- [ ] Employment Opportunities during Program
  - Job opportunities: ________________
  - Program recommendations: Outside employment not recommended

- [ ] Financial Aid
  - Any financial aid: No
  - Government loans: Yes
  - Scholarships: Yes
  - Assistantships: Yes
  - Financial aid website: finance.tamu.edu

- [ ] Other Expenses
  - Item
  - Expense

- [ ] Other:
Note the financial aid information on the previous page; financial aid, government loans, scholarships and assistantships are available.

Notice the ranking of the criteria when evaluating applicants; the GRE score is the top consideration, followed by the DPD GPA, Total GPA, references, personal statement, interview and work experience. Additionally, this program participates in the February match and uses the DICAS application.
### University of Houston

**Program Type:**
- [x] Internship
- [ ] Internship w/ Advanced Degree
- [ ] Internship w/ Advanced Degree Opt.
- [ ] Coordinated Program-Grad
- [ ] Coordinated Program-Undergrad
- [ ] ISPP

**Director:** Sharon Bode  
**Phone:** 713-743-4112  
**Ext.:**  
**Fax:**

**Institution:** University of Houston  
**Website:** [http://www.hhp.uh.edu/internship](http://www.hhp.uh.edu/internship)

**Mailing Address:**
- **College/School:** University of Houston
- **Department:** Health and Human Performance
- **Street:** 3875 Holman
- **Mail Drop:** 6015
- **Hall/Bldg:** 104 Garrison
- **P.O. Box:**
- **City:** Houston
- **State:** TX  
- **Zip:** 77204-6015

**Program Information:**
- **Start Date 1:** January  
- **Start Date 2:** July  
- **Number of Openings:** 24
- **Program Length:** 27 Weeks  
- **Number of Applicants 2 Years Ago:** 150  
- **Number of Interns or Students 2 Years Ago:** 24  
- **Number of Applicants Last Year:** 160  
- **Number of Interns or Students Last Year:** 21

**Focus of Program:**
- **Concentration:** Clinical or MNT  
- **Additional Concentration:**

**Clinical Practice Experiences:**
- **Length of Clinical Experience:** 10 Weeks
- **Academic Medical Center**
- **Regional Medical Center**
- **Medical Center**
- **Small Medical Center**
- **Pediatric Hospital**
- **Rehabilitation Center**
- **VA Medical Center**
- **Community Hospital**
- **State Hospital**
- **Long-term Care Facility**
- **Out Patient Clinic**
- **Other**
- **Medicine**
- **Nutrition Support**
- **Women’s Health**
- **Pediatrics**
- **Bariatrics**
- **Psychiatric Care**
- **Trauma**
- **Pulmonary**
- **GI**
- **Surgery**
- **Renal/Dialysis**
- **Critical Care**
- **Burn Care**
- **Eating Disorders**
- **Geriatrics**
- **Neurology/Spinal Cord Injury**
- **NICU**
- **Oncology**
- **HIV/AIDS**
- **Cardiology**
- **Organ Transplant**
- **Other**

**Community Practice Experiences:**
- **Length of Community Experience:** 4 Weeks
- **Community Clinics/Programs**
- **Public Health/Health Departments**
- **WIC**
- **Child Services**
- **Schools**
- **Food Banks**
- **Cooperative Extension**
- **Meals on Wheels**
- **Senior Services**
- **Community Meal Sites**
- **Fitness/Wellness**
- **Other**

**Management Practice Experiences:**
- **Length of Management Experience:** 4 Weeks
- **Healthcare**
- **Public Schools**
- **College/University**
- **Commercial/Retail**
- **Community Facilities**
- **Other**

**Staff Relief Practice Experiences:**
- **Length of Staff Relief:** 2 weeks
- **All Rotations**
- **Clinical**
- **Clinical Administration**
- **Nutrition Education/Counseling**
- **Intern Choice**
- **Eating Disorders**
- **Health Department**
- **State/Federal Agency**
- **Community**
- **Food Service**
- **Public Health**
- **Other**

**Non-Traditional and Specialty Practice Experiences:**
- **Non-Traditional Practice Experience:** 4 Weeks
- **Specialty Practice Experience:** 1-2 Weeks
- **Hospitality**
- **Dental**
- **Corporate Wellness**
- **Rural Health**
- **Community Agriculture/Urban Gardening**
- **Information System**
- **Independent Study**
- **Sales and Marketing**
- **Renal**
- **Culinary**
- **Sports Nutrition**
- **Research**
- **Advanced Practice**
- **Program Planning**
- **Public Health**
- **Pediatrics**
- **Eating Disorders**
- **Underserved**
- **Diabetes**
- **Media/Communication**
- **Neonatal**
- **Leadership**
- **Indian Health**
- **Military Skills**
- **Surgery**
- **Private Practice/Entrepreneurship**
- **Retail**
- **Other**

**Other Important Program Information:**
University of Houston

**ESTIMATED COST OF LIVING:**

### Stipends
- [ ] Monetary
- [ ] Tuition Waiver
- [ ] Assistantship
- [ ] Fee Waiver
- [ ] Parking
- [ ] Other Stipend
- [ ] Available to all students/interns
- [ ] Available to all students/interns
- [ ] Available to all students/interns
- [ ] Available to all students/interns
- [ ] Available to all students/interns
- [ ] Available to all students/interns

If checked, stipend is available to all students without restrictions, however, this does not guarantee a student will be awarded a stipend even if a stipend is available and the student is eligible. Any eligibility restrictions are explained below.

Stipend Restrictions:

Percentage of students/interns awarded stipend (5 year average):

Estimated Stipend Value:

<table>
<thead>
<tr>
<th>Year one:</th>
<th>Year two:</th>
<th>Year three:</th>
</tr>
</thead>
</table>

**Living Expenses**

**Meals**
- [ ] Some meals are provided

<table>
<thead>
<tr>
<th>% of Meals Provided</th>
<th>Estimated Meal Cost:</th>
</tr>
</thead>
</table>

**Insurance**
- [ ] Liability Insurance provided:
- [ ] Health Insurance provided:

If not provided, cost of liability insurance per year $:

If not provided, cost of health insurance per year $:

**Housing and Transportation**
- [ ] Housing assistance provided:
- [ ] Is a car required:

If not provided, estimated rent per month $:

Estimated transportation cost per year $:

| $600.00-$1000.00 |

**Dues**

[ ] Academy student membership required

| No |

**Fees**

**Application Fees**
- [ ] Program Application Fee:
- [ ] Grad School Application Fee:

**Program Fees**

<table>
<thead>
<tr>
<th>Year One</th>
<th>All Students/Interns:</th>
<th>Resident:</th>
<th>Non-resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year Two</td>
<td>All Students/Interns:</td>
<td>Resident:</td>
<td>Non-resident</td>
</tr>
<tr>
<td>Year Three</td>
<td>All Students/Interns:</td>
<td>Resident:</td>
<td>Non-resident</td>
</tr>
</tbody>
</table>

**Tuition and Course Work**

<table>
<thead>
<tr>
<th>Year One</th>
<th>All Students/Interns:</th>
<th>Resident:</th>
<th>Non-resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year Two</td>
<td>All Students/Interns:</td>
<td>Resident:</td>
<td>Non-resident</td>
</tr>
<tr>
<td>Year Three</td>
<td>All Students/Interns:</td>
<td>Resident:</td>
<td>Non-resident</td>
</tr>
</tbody>
</table>

**Course Work (cost if not included in tuition)**

Graduate credits required:

Number of graduate credits required:

Cost per Credit All Students/Interns:

<table>
<thead>
<tr>
<th>Resident:</th>
<th>Non-resident</th>
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</thead>
</table>

**Financial Aid**

<table>
<thead>
<tr>
<th>Any financial aid:</th>
<th>Government loans:</th>
<th>Scholarships:</th>
<th>Assistantships:</th>
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<tbody>
<tr>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
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</tbody>
</table>

**Employment Opportunities during Program**

Job opportunities:

Program recommendations:

Outside employment not recommended

Part-time employment only

**Other Expenses**

<table>
<thead>
<tr>
<th>Item</th>
<th>Expense</th>
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</table>

Other:
Notice the ranking of the criteria when evaluating applicants; the DPD GPA is the top consideration, followed by work experience, personal statement, and references. Additionally, this program participates in the February and November match and uses the DICAS application.

**Note** the financial aid information: Financial aid, government loans, scholarships and assistantships are not available.
“To apply to a DI, individuals must complete at least a bachelor’s degree and ACEND-accredited coursework requirements (Didactic Program in Dietetics). Currently, all DIs must provide at least 1200 hours of supervised practice. This is usually completed in 8-24 months depending on the availability of a part-time schedule or requirement of graduate credit. Individuals completing the program who are verified by the program director are eligible to write the CDR registration examination for dietitians.

Appointments to DIs are awarded on a competitive basis and most use a national computer matching process. Programs not participating in computer matching accept applications only from individuals employed by the sponsoring organization. Prospective applicants must contact program directors for current information, including application deadline dates. Programs will provide application forms and detailed information on program requirements, tuition and financial aid upon request.”

“The information in this listing, including program details, is intended to be as accurate as possible when posted but is subject to change without notice. The Academy of Nutrition and Dietetics and the Accreditation Council for Education in Nutrition and Dietetics assume no responsibility for changes or errors in the compilation of this information, and no one accessing and using the information shall have any right of recovery on account of its use.”

Updated July 2015

| ALABAMA |
|------------------|------------------|
| The University of Alabama at Birmingham | M Amanda Brown, Ph.D., RD |
| Program in Clinical Nutrition | 205/934-7005 |
| 1675 University Boulevard, Webb 447 | Fax: 205/996-2072 |
| Birmingham, AL 35294-0001 | E-Mail: marbrown@uab.edu |
| Accredited | http://www.uab.edu/nutrition |
| Next Review: 1/1/2012 | |

**Full Time Non Degree**

- **Annual Enrollment:** 12
- **Enrollment:** August, Fall term, Graduate school
- **Program Length:** 09 Months
- **Emphasis:** General
- **Estimated Total Tuition:** Resident = $13675 Non Resident = $25591
- **Graduate Credit Offered:** Graduate degree available
- **Financial Stipend:** Full Time Non Degree: $1500
<table>
<thead>
<tr>
<th>DPD Program Institution:</th>
<th>Texas A&amp;M University</th>
</tr>
</thead>
<tbody>
<tr>
<td>DPD Director:</td>
<td>Karen Beathard, MS,RD,LD</td>
</tr>
<tr>
<td>Website for Course Catalog:</td>
<td><a href="http://catalog.tamu.edu/">http://catalog.tamu.edu/</a></td>
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</table>

### DPD Professional Courses

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<thead>
<tr>
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<tr>
<td>NUTR 203</td>
<td>SCIENTIFIC PRIN NUTRITION</td>
</tr>
<tr>
<td>NUTR 210</td>
<td>HORIZONS IN NUTRITION AND FOOD SCIENCE</td>
</tr>
<tr>
<td>NUTR 211</td>
<td>SCIENTIFIC PRIN OF FOODS</td>
</tr>
<tr>
<td>NUTR 301</td>
<td>NUTR THROUGH LIFE</td>
</tr>
<tr>
<td>NUTR 304</td>
<td>FOOD SERVICE SYSTEM MGMT</td>
</tr>
<tr>
<td>NUTR 404</td>
<td>ASSSESSMENT &amp; PLAN</td>
</tr>
<tr>
<td>NUTR 405</td>
<td>NUTRITION TRTMNT DISEASE</td>
</tr>
<tr>
<td>NUTR 430</td>
<td>COMMUNITY NUTRITION</td>
</tr>
<tr>
<td>NUTR 470</td>
<td>NUTR &amp; PHYSIOLOG CHEM</td>
</tr>
<tr>
<td>NUTR 481</td>
<td>SEMINAR</td>
</tr>
<tr>
<td>ANTH 205</td>
<td>PEOPLES &amp; CULT OF WRLD or ANTH 210 SOCIAL AND CULTURAL ANTHROPOLOGY</td>
</tr>
<tr>
<td>FSTC/DASC 326</td>
<td>FOOD BACTERIOLOGY</td>
</tr>
<tr>
<td>MGMT 309</td>
<td>SURVEY OF MANAGEMENT</td>
</tr>
<tr>
<td>POLS 206</td>
<td>AMERICAN NATIONAL GOVERNMENT</td>
</tr>
<tr>
<td>PSYC 107</td>
<td>INTRO TO PSYCHOLOGY</td>
</tr>
<tr>
<td>STAT 302</td>
<td>STATISTICAL METHODS</td>
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</tbody>
</table>

### DPD Science Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>BIOL 111</td>
<td>INTRODUCTORY BIOL I</td>
</tr>
<tr>
<td>BIOL 112</td>
<td>INTRODUCTORY BIOL II</td>
</tr>
<tr>
<td>CHEM 101</td>
<td>FUND OF CHEMISTRY I</td>
</tr>
<tr>
<td>CHEM 111</td>
<td>FUND OF CHEMISTRY I LAB</td>
</tr>
<tr>
<td>CHEM 102</td>
<td>FUND OF CHEMISTRY II</td>
</tr>
<tr>
<td>CHEM 112</td>
<td>FUND OF CHEMISTRY II LAB</td>
</tr>
<tr>
<td>CHEM 227</td>
<td>ORGANIC CHEMISTRY I</td>
</tr>
<tr>
<td>CHEM 237</td>
<td>ORGANIC CHEMISTRY LAB</td>
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<tr>
<td>CHEM 228</td>
<td>ORGANIC CHEMISTRY II</td>
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<tr>
<td>GENE 301</td>
<td>COMPREHENSIVE GENETICS</td>
</tr>
<tr>
<td>BIOL 319</td>
<td>INTEGRATED HUM AN/PHY I</td>
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<tr>
<td>BIOL 320</td>
<td>INTEGRATED HUM AN/PHY II</td>
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<tr>
<td>BICH 410</td>
<td>COMPREHEN BIOCHEM I</td>
</tr>
<tr>
<td>BICH 411</td>
<td>COMPREHEN BIOCHEM II</td>
</tr>
<tr>
<td>BICH 412</td>
<td>BIOCHEM LAB I (not required after Catalog 130)</td>
</tr>
</tbody>
</table>
Letter of Recommendation Request Form

Complete this form and provide one to each individual you are asking to serve as a reference. You must also include a current resume and unofficial transcripts from all colleges attended. Please sign the permission to release education records only if you permit the writer to include GPR or class rank information in your letter of recommendation. Only one form is required per student.

Student _____________________________________________________________ Date ______________________

Email Address ______________________________________________________ Phone ______________________

A. List all programs that you are planning to apply. (Program Name, Director and the top two criteria for this program as found in the Applicant Supervised Guide)

B. Letters of recommendation requested by ______________________________ (date). (A minimum of one month in advance is required.)

C. Background Information
   1. Schools Attended and Dates – Unofficial transcripts from all colleges attended must be attached to this form.

   2. Please check the following categories regarding your employment experience in a nutrition/health related area during the fall and spring semesters for each class year. An updated resume must be attached to this document.

<table>
<thead>
<tr>
<th>Year</th>
<th>Beginning/Ending Dates (Month/Year)</th>
<th>&lt;10 h/wk.</th>
<th>10-20 h/wk.</th>
<th>&gt;20 h/wk.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshman</td>
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</tr>
<tr>
<td>Sophomore</td>
<td></td>
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</tr>
<tr>
<td>Junior</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Senior</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
3. Please check the following categories regarding your volunteer experience in a nutrition/health related area during the fall and spring semesters for each class year.

<table>
<thead>
<tr>
<th>Year</th>
<th>Beginning/Ending Dates (Month/Year)</th>
<th>&lt;10 h/wk.</th>
<th>10-20 h/wk.</th>
<th>&gt;20 h/wk.</th>
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</thead>
<tbody>
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<td>Freshman</td>
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<td>Sophomore</td>
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<td>Junior</td>
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<tr>
<td>Senior</td>
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4. What would you like to be doing professionally in 5 years beyond acceptance and completion of a dietetic internship and passage of the RD exam? In 10 years beyond acceptance and completion of a dietetic internship and passage of the RD exam?

I give permission to ____________________________ to write a letter of recommendation to:

____________________________________________________

______________________________________ has my permission to include my grades, GPA, & class rank in this letter.

__________________________
Signature

______________
Date
Request for a Declaration of Intent

Texas A&M University

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Karen Beathard MS, RD, LD, FAND, 102 Cater Mattil, 979-862-7621

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Student Name ___________________________ Date of Graduation __________________

My Mother’s Maiden Name ___________________ Birthdate ____________ UIN ____________

GPR ________ DPD GPR ________ Colleges or Universities Attended __________________________

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List All Remaining Coursework That Must Be Completed for Graduation (List course designation and number, semester the course will be taken, and college/university where course will be taken)

List All DI Programs That You Are Planning To Apply (Prioritize These With One Being Your First Choice.)

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<tr>
<th>Prioritization</th>
<th>Institution</th>
<th>Location</th>
<th>Emphasis Area</th>
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<td>First Choice</td>
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<td>Third Choice</td>
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Permanent Email Address: ___________________________________________
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Please complete the following contact information so Karen Beathard can mail your verification statement to you after you graduate:

Name__________________________________________________________________________ Phone number ______________

Permanent mailing address____________________________________________________________________________________

Permanent email address____________________________________________________________________________________
Sample Resume

Student Name
Address • Phone Number • Email

EDUCATION
Texas A&M University, College Station, TX
Bachelor of Science in Nutritional Sciences – Dietetics
Graduated: Spring 2014
Major GPA: 3.86 Cumulative GPA: 3.36

LEADERSHIP
Academy of Nutrition and Dietetics
Student Representative, Student Advisory Committee, June 2014 - 2015
Mid East Texas Dietetic Association
Fundraising Chair, 2013 - 2014
Texas A&M Aggie Mentor Program
Mentor, 2013 - 2014
Texas A&M Navigators Campus Ministry
Servant Leader Team, 2011- 2014
Texas A&M Nutrition and Dietetics Association
Vice-President, 2012 - 2013
Texas Student Dietetic Association
Secretary, 2012 – 2013
-Organized student track at Texas FNCE

DIETETICS RELATED EXPERIENCE
Epicures Catering - Food Service, Bryan, TX
Server, food preparation and event set-up
June 2013 – May 2014

JTA Wellness – Community & Clinical Nutrition, San Antonio, TX
Director of Interns
Spring 2013
- Provided direction for dietetic intern with University of Houston Distance Dietetic Internship Community Rotation.
- Intern
- Conducted one-one-one initial consultations with 23 patients in weight loss research study.
- Collaborated with fellow intern to perform recipe analysis for over 500 recipes using ESHA program.
- Assisted in 9 learn-at-lunch corporate nutrition-wellness event presentations and handout planning.
- Created handouts for patients.
- Assisted in reviewing grocery store items for Healthy Item of the Week in electronic newsletter.
- Wrote blog entry for Dairy MAX guest blog.
- Wrote various responses for city newspaper nutrition stories as part of partnership with Coca-Cola.

SJ Best Bets Program Community Nutrition, Bryan & College Station, TX
Summer 2013
- Conducted grocery store aisle review under grocery store dietitian.

St. Joseph Hospital - Clinical Nutrition, Bryan, TX
Dietitian Assistant
Spring 2012 - Fall 2012
- Provided clinical diet education to nutritionally compromised patients under dietitian supervision.
- Charted nutrition education to patient medical record.

National School of Martial Arts - San Antonio, TX
2006 - 2010
Taekwondo Instructor
- Official coach at USA-Taekwondo tournaments.
- Worked with team to instruct Taekwondo classes in after-school Taekwondo program with 87 children.
- Trained and supervised 3 new instructors.

Other Dietetics Related Volunteer Work
- National Nutrition Month-Nutrition Dietetic Association event
- National Food Day- Nutrition Dietetic Association event
- Various A&M Nutrition and Dietetic Association events
- Brazos Valley Food Bank, 4 times 2012 - 2013 school year
- Volunteered at Texas Academy’s RD promotion booth at HEB’s It’s Time School Summit convention
- Casa Helotes-Meals-on-Wheels During Spring Breaks, food preparation

PROFESSIONAL MEMBERSHIP
- Academy of Nutrition and Dietetics
- Texas Academy of Nutrition and Dietetics
- Mid-East Texas Dietetic Association
- Pediatric Nutrition Practice Group